



# By The Way



Celebrating 40 Years of Catholic Education at Emu Plains

**MASS TIMES: Saturday Vigil 6.00pm, Sunday 8.00am and 9.30am. All welcome!**

7<sup>th</sup> March 2019

## DIARY DATES

### Friday 8 March

Open Day for new and prospective families

Catholic Schools  
Week Games  
Afternoon

### Monday 11 March

Graffiti Prevention and  
Life Skills Program,  
Yr 5

### Thursday 14 March

Kindy Munch and  
Crunch

Reading Complex  
Texts across the  
Curriculum  
Stage 3 Day 1

### Friday 15 March

Bullying No Way! Day

Student Maths Work  
Sample Sent Home

### Sunday 17 March

Reconciliation  
Blessing Enrolment  
Masses

### Monday 18 March

Fire Brigade visiting  
Year 1

### Wednesday 20 March

P & F Meeting, 7pm

### Thursday 21 March

Harmony Day

### Friday 22 March

Open Day for new and  
prospective families

### Sunday 24 March

Japanese Students  
visiting this week

### Thursday 28 March

Stage 3 Cyber Safety  
Workshop

### Sunday 31 March

Reconciliation Practice  
after each Mass

### Tuesday 2 April

Cross Country

### Wednesday 3 April

Rite of Reconciliation  
Celebration

Dear Our Lady of the Way Community

Welcome to Catholic Schools Week. Did you know that Catholic schools educate one in five NSW school students? They are safe, supportive learning communities where the unique dignity of each child is respected, nurtured and valued. Catholic schools have served NSW communities since 1820.

Each Catholic school provides a stimulating and challenging curriculum that links faith and culture. Our dedicated teachers embrace the privilege and challenge of teaching in Catholic schools. They support each student to achieve to the best of their ability.

Catholic schools are open to all families who commit to supporting the philosophy, values and aims of Catholic education. Every Catholic school strives to be a spiritual, respectful and sharing place where education is an active partnership between parents, the school and the community. Catholic schools recognise that parents are a child's first teachers.



591 catholic Schools in NSW



1 in 5 NSW students are  
educated at a Catholic school



Over 160,000 families in our  
Catholic school community

Here at Our Lady of the Way, we are safe, respectful, learners. We believe that we are a Catholic community that represents a part in the wider Church. Pope Francis uses a rather unconventional term to describe the church, this could also include our schools. He famously says that pastors (and schools) need to wear the scent of the sheep. He describes the church as a field hospital that treats the wounded after the battle. "The thing the church (and school) needs most today is the ability to heal wounds and to warm the hearts of the faithful; it needs nearness, proximity". That is his vision of the ideal church. Not a perfect society, nor the enclosure for the privileged but a refuge for the poor, an oasis for the weary and a hospital for the wounded.

We look forward to seeing you at our games afternoon this Friday, where you will be able to witness first hand the amazing role that our teachers play in addressing the needs of each student in their care. You will be able to see your child engaged in a stimulating environment that fosters curiosity and growth and that develops in them the skills to be respectful members of society.

Yours in Christ

Donna McFadzean

**Newsletter of Our Lady of the Way Catholic Primary School, Emu Plains**

17 Troy Street, Emu Plains 2750 Phone: 4777 7200, Email: [OLOW@parra.catholic.edu.au](mailto:OLOW@parra.catholic.edu.au), Web: [www.olowemuplains.catholic.edu.au/](http://www.olowemuplains.catholic.edu.au/)

**"To act justly, To love tenderly and To walk humbly with our God"**

## FROM THE ASSISTANT PRINCIPAL

One of the great 'buzz' phrases at the moment is GROWTH MINDSET. In education new buzz words and ideas are constantly coming through, but this one has some credit. We hear in the media that there is a great need to build the resilience of our children and as teachers we often have the same conversations. At Our Lady of the Way we talk about needing to take risks in our learning, to be comfortable with 'hard thinking' and working in the 'learning pit'. All of this is very challenging for children if they haven't developed a growth mindset to learning. So what do I mean by this? Individuals who believe their talents can be developed (through hard work, good strategies, and input from others) **have a growth mindset**. They tend to achieve more than those with a more **fixed mindset** (those who believe their talents are innate gifts). So what are we doing here at OLOW and what can you do as parents to help your children to develop a growth mindset?

Our teachers across the school talk about what having a growth mindset looks like and how we can 'flip our thinking' from a fixed mindset to one of growth. This is something that parents can also do at home. This can help those children who feel that something is too hard, or that they are just not good at something. There is one very powerful word that we can use and that is the word "YET". *"I'm not good at writing yet."* We can then add: *"If I \_\_\_\_ this will help me to become better at \_\_\_\_."* Below are some images of Growth mindset prompts in some of our classrooms. I wonder if you noticed any of them during celebrations of learning on Monday.

*Below are mindset prompts selected by Year 5 students to have on their desks as a reminder to have a Growth Mindset towards their learning.*



*Below are mindset prompts in Year 1 students as a reminder to have a Growth Mindset towards their learning.*



*Year 4 have been looking at their personal Character Strengths and those of their peers and teachers. This helps them to call upon their strengths and to be a more positive learner.*

## Cyber Safety ~ Warning about MOMO

In recent weeks we have had children coming to school talking about MOMO. Our understanding is that this is online and can come up when children are on Youtube or searching in Google. It prompts children to complete dares, not speak to adults and is threatening and scaring children. They are then bringing this to school which is affecting their learning. We are you to do: be vigilant at home and perhaps have a conversation with your child about this not being true and that you must always talk to an adult if you feel unsafe.

**Emma Mizzi**  
Assistant Principal

## RELIGIOUS EDUCATION NEWS

### Ash Wednesday and Lent:



Today our school community celebrated the beginning of the season of Lent. Ash Wednesday marks the beginning of a forty day journey (not counting the Sundays) to Easter. Years 3 - 6 celebrated by going to the Parish Mass and the Infant's classes shared their own liturgy.

Fr. Paul gave us lots of things to think about: make space for God during Lent; we need to practise what we know to be good; don't be gloomy, but enjoy the challenge of the season; and find ways to abstain, give and pray more.

Stop, listen, repent  
Let go the rush, the noise.  
And wait patiently before God.

Let the busyness of your body rest.  
Let the worries of your mind rest.  
Let the doubts of your heart rest.  
Let us hear God's call to holiness,  
Open the deep places of our hearts  
And allow your spirit to recreate,

Busyness into peace,  
Worry into trust,  
Doubt into hope.  
Lord in the stillness of this moment.  
May we repent our ways  
that do not serve you,  
And admit to tensions that tell us  
where we need to change  
As we enter this season  
of reflection and refocus  
Let us walk  
the way the of the Cross together,  
And move forward without fear into  
God's eternal purposes.

*Thank you to Mrs Collins for the prayer.*



## Parish Sacramental Program - CLAIM THE DATES

### RECONCILIATION:

Sunday 16th March (6:00pm) or 17th (8:00am or 9:30am) - choose Parish Mass to attend - blessing and registration

Sunday 31st March (6:00pm) or 17th (8:00am or 9:30am) - choose Parish Mass to attend - look at the process of the celebration of the Sacrament of Reconciliation

Wednesday 3rd April - celebration of the Rite of Reconciliation - 7:30pm

### EUCHARIST (generally children around the age of 9)

First Eucharist will be celebrated on a choice of;

Sunday June 23 (8am Parish Mass or extra Mass at 11.30am)

Sunday June 30 (9.30am Parish Mass or extra Mass at 11.30am)

### CONFIRMATION (generally age 10-11)

Celebrated on the evening of Thursday 19<sup>th</sup> September

Please contact the Parish Office for further information.

## AWARDS

Congratulations to our award recipients for Term 1 Week 5:



Kinder

Leilani Ah Kuoi, Jobe Degnan, Letteyah Evans

Year 1

Ruby Neeves, Hunter Middleton, Isaac Ahern, Ivy Hayward

Year 2

Koby-Lee Edwards, Zoe Chang, Thomas Sheen, Ruby Trad

Year 3

Olivia Scott, Tiana James, Emily McDonald, Chase Bryan

Year 4

Will Elford, Maddison Hooper, Zac Roach

Year 5

Pierce Lucas, Cooper Hegarty, Alexander Boyd, Darby Weber

Year 6

Samuel Thompson, Marcus Skinner

## CROSS COUNTRY

The OLOW Cross Country Carnival will be held on Tuesday 2nd April at Hunter Field, Emu Plains. Students in Years 2 through to Year 6, will all walk down to Hunter Field together and students will be called when it is their turn to participate. The children will commence walking down to the field in staggered age groups and will begin their race when the previous age group is finished. Due to this, we are unable to confirm starting times for each race. They will have the chance to compete and an opportunity to watch their classmates compete.

All children are expected to participate and complete the circuit to the best of their ability.

Children who are:

- 8/9 or 10 years old will run 2000 metres (Please note that the 8 and 9 year age groups will run together.)
- 11 and 12 years will run 3000 metres.

We will be asking for parent volunteers to assist on the day so please check your calendars! A note with more information and a volunteer slip will be sent home closer to the date.

## Diocesan Swimming Carnival

On February 22nd, 16 students represented OLOW and the Nepean Zone at the Diocesan Swimming Carnival. The following students are to be congratulated on their incredible efforts in the pool:

Yr 3 - Mikayla Blazek, Lara Dwyer, Kye Chapman

Yr 4 - Archie King, Jake Thompson, Akeda Deacon-Chilmaid, Carter Pereira, Holly Penny, Jacinta Roser

Yr 5 - Oliver Herps, Eden Chapman, Samuel Cashel

Yr 6 - Holly Clark, Grace Foster, Lucienne Heffernan, Tianna Stansfield

The NSW CPS Swimming Trials will take place at Homebush on Wednesday the 27th of March and the following students from OLOW will be representing the Parramatta Diocesan Swimming Team at this event:

Lucienne Heffernan (11 Year Girls 50m Freestyle, 50m Backstroke and 50m Butterfly)

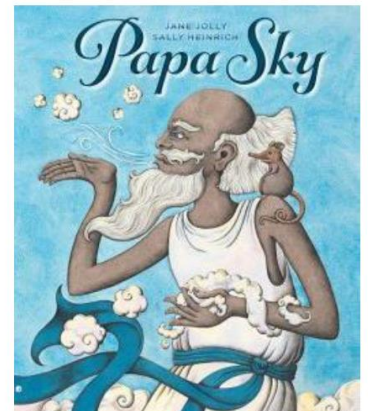
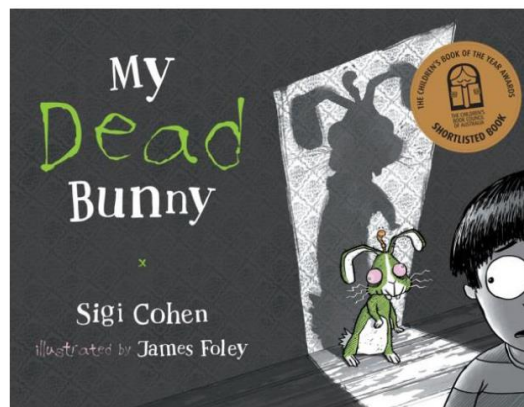
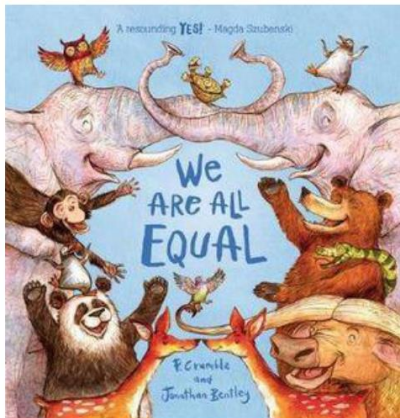
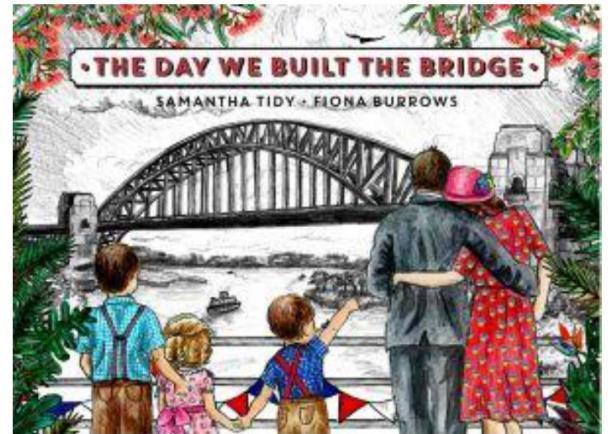
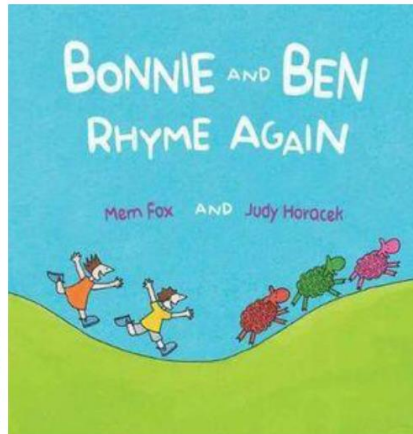
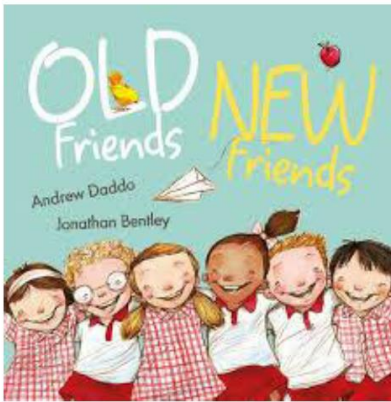
Jake Thompson, Oliver Herps, Kye Chapman and Archie King (Junior Boys Relay)

Grace Foster, Holly Clark, Eden Chapman, Lucienne Heffernan (Senior Girls Relay)

We wish them the best of luck and are extremely proud of their achievements.



Look what we have been reading  
in our Library!



While we have the Internet and an endless supply of digital books, there is still something to be said for learning to navigate the library. During their Library visits in the past few weeks our students of OLOW have been learning about Mr Melvin Dewey.

Have you ever been to the library and wondered how they keep track of all those books? Well the library has a system called the Dewey Decimal System and it helps organise all those books. Thank you Mr Dewey!



*Enrolments are now open for Kindergarten 2020.*

**There will be an OPEN MORNING on  
Friday 22<sup>nd</sup> March 2019 from 9.15-10.15am**

Come along, tour the school and visit our learning spaces.  
Morning tea will be provided for parents and pre-schoolers.

If you would like to attend, please RSVP by Wednesday 20<sup>th</sup> March 2019 to  
Julie Irvine on 4777 7200 or email [jirvine@parra.catholic.edu.au](mailto:jirvine@parra.catholic.edu.au)

#### **SCHOOL PHOTOS:**

School photo day will be on **Friday 5th April**. Photo envelopes will go home on Wednesday 27th March. Children are to bring their photo envelope in on photo day. All students will need to wear their **full summer uniform** on this day. Attached is a copy of the packages that will be available.

#### **SCHOOL FEES**

The First Instalment invoices have been posted out, if you have not received your invoice, please contact me on 4777 7200 to arrange for a copy to be sent home. Fees will be due on or before 20 March. Families will be offered the Flexible Payment Plan again this year. Please complete forms and return them to the Catholic Education Office at your earliest convenience. Alternatively, if you wish to put in an arrangement outside of the Flexible Payment Plan, you will need to contact me by phone, or email [olow-emupfees@parra.catholic.edu.au](mailto:olow-emupfees@parra.catholic.edu.au).

Please be advised that unless alternative arrangements have been made regarding the payment of your school fee account it will be assumed that full payment will be made by the due date. Fees are payable in accordance with the Diocesan School Fees Policy which states "all fees are due and payable within 30 days of the date the school account statement is issued". Outstanding accounts will be forwarded to the Catholic Education Office for collection. If you are having difficulties with the payment of your school fees, you are encouraged to contact the school office to arrange an appointment with either myself or the Principal to discuss your options. Please be assured of complete confidentiality with regards to any information you are asked to provide.

**Pascale Vion**

Senior Finance Officer



#### **BOOKCLUB**

Please note that all book club orders must be placed online. Instructions are given on the Scholastic brochure. Thank you for your cooperation in this matter.

# ZERO & REWARDS CARD HOLDER EXCLUSIVE OFFER



1 DAY ONLY

**20%\***  
**OFF**  
**SCHOOLWEAR**  
AND  
EVERYTHING ELSE



**INSTORE & ONLINE THURSDAY 14TH MARCH.**

\* Excludes gift cards, all suit packages & Schoolwear layby's. Cannot be combined with other offers or discounts. Floor stock only.  
Styles and colours may vary from store to store.

No rain checks. Please choose carefully, exchanges and refunds only with docket. Includes existing 5% discount.

**Offer ends midnight (AEDT) 14/03/19. Must use Zero or Rewards card to receive discount.**



# McCarthy

CATHOLIC COLLEGE  
EMU PLAINS

Contemporary  
learning for life



## OPEN DAY

Tuesday 19 March 2019

5:00-8:00pm

Principal presentation sessions at: 5.15pm 6.00pm 6.45pm

# NOW ENROLLING FOR YEAR 7 TO 12

## 2020 ENROLMENTS

FOR GIRLS YEARS 7-12

Open Night: Monday 11th March 2019

5:30pm - 7:30pm



.....  
Come along and see for yourself why girls are  
so happy to learn at Caroline Chisholm College.  
.....

**Tours of the college: 5:30 - 7:30pm**  
**Principal's information sessions:**  
**6pm & 7pm**

Further information can be obtained on our  
website and Facebook pages.

[www.cccglenmorepark.nsw.edu.au](http://www.cccglenmorepark.nsw.edu.au)

**90-98 The Lakes Drive Glenmore Park**

Enrolment packages can be obtained by  
contacting the college on:  
**4737 5500**



Follow us on  

St Dominic's College

# Open Day 2019

Sunday, 3rd March

**You are invited to join us for our Annual Open Day at the College from 10:00am to 2:30pm.**

**The morning session starts at 10:00am, followed by a tour of the College at 10:30am.**

**The afternoon session starts at 12:30pm, followed by a tour of the College at 1:00pm.**

St Dominic's College  
54 - 94 Gascoigne Street Kingswood NSW 2747  
Ph: 02 4731 1933  
Email: [info@stdominics.nsw.edu.au](mailto:info@stdominics.nsw.edu.au)  
Website: [www.stdominics.nsw.edu.au](http://www.stdominics.nsw.edu.au)



## ST COLUMBA'S CATHOLIC COLLEGE

### Year 7, 2020 Information Evening

**Wednesday 27th February, 2019**

**Session 1:**

3.15pm Register for tour  
3.30pm Tour of the facilities  
4.30 - 5.00pm Address by the Principal

**Session 2:**

5.15pm Register for tour  
5.30pm Tour of the facilities  
6.30 - 7.00pm Address by the Principal

- Tours will begin at 3.30 and 5.30pm *sharp* to enable visitors to view all of the College facilities.
- Prospectus and enrolment application forms will be available on the night.

Enquiries: Sandra O'Brien, Enrolments Secretary 4754 8907

St Columba's Catholic College 168 Hawkesbury Road, Springwood 2777  
Phone: (02) 4754 8900 Email: [stcolumbas@parra.catholic.edu.au](mailto:stcolumbas@parra.catholic.edu.au)  
Web: [www.stcolumbasspringwood.catholic.edu.au](http://www.stcolumbasspringwood.catholic.edu.au)

Bookings are not required.

Please register at the College Library upon arrival.

