

DIARY DATES

Friday 3 June

Year 4 Excursion
"The Big Dig" at The
Rocks

Friday 10 June

Dance-a-thon

Sunday 19 June

First Holy Communion
Mass

Wednesday 29 June

P & F Meeting, 7.00pm

Saturday 30 July

OLOW P & F Trivia Night

Monday 8 August

Feast of St Mary of the
Cross MacKillop Mass,
9.15am

Tues/Wed 10/11 August

Confirmation Parent
Information Session,
7.30pm (attend one only)

Sat/Sun 13/14 August

Confirmation Enrolment at
Masses

Monday 15 August

Confirmation Lessons
Begin

Friday 19 August

**PUPIL FREE
DAY**

Thursday 1 September

Fathers' Day Stall

Friday 2 September

Fathers' Day Breakfast
7.30am,
Fathers' Day Prayer
9.00am

Mon/Tue 12/13 Sept

Confirmation Rehearsal
7.30pm

Wed 14 September

Swinging Summertime
Rehearsal & Performance
at The Joan

Thursday 15 September

Confirmation, 7.30pm

Thursday 22 September

Grandparents' Day Mass
9.15am

Grandparents' Day
Celebrations, 10.00am

Dear Parents, Carers, Students & Friends,

Over the past 5 weeks I have been lucky enough to travel with my family through some amazing countries - The Netherlands (Amsterdam, Rotterdam, The Haag), Germany (Cologne, Iserlohn, Munster, Hamburg, Berlin, Munich), Czech Republic (Prague, Holice, Kutna Hora, Cesky Krumlov), Austria (Salzburg, Vienna) Greece (Athens, Santorini) while finally spending the last four days in the United Arab Emirates (Dubai, Abu Dhabi.) During the trip my son got married to his long-time sweetheart on the island of Santorini.



To say the least, the trip was wonderfully enriching but also life-changing. We met many family relatives for the first time, enjoyed beautiful scenery, went on many walking tours, ate and drank lots of the local produce. There is so much history in these places! The history is rich and alive. I felt like there was an appreciation for life in general. There was an emphasis on music and theatre in every city.

Cultures are different everywhere but the beauty is experiencing different aspects of culture. It becomes immediately clear that despite whatever nationality we ascribe to, or what languages we speak, we are all humans and must meet the basic needs of food, water, shelter and establishing connections with each other. However, the culture and customs we develop allow us to meet these needs in different ways. Learning about and gaining a deeper understanding of the differences in people and cultures and customs impacts the reality that we live in. Marcel Proust, the French novelist, observed that *'the real voyage of discovery consists not in seeing new lands but in seeing with new eyes'*. Before we can make judgements of others we need to stretch our mind and become able to explore new ideas and prospects. Options that would not have occurred to us before become obvious if we understand how other people experience the world. I hope that one day I will again have the opportunity to travel overseas and experience even more.

I have been following Max's journey this term and have been praying for him and his family. Thank you to our wonderful school community in the way you have unconditionally supported Max's family in their time of need. Rochelle and her family are forever grateful for the love and support that has been shown towards them. Please keep those prayers and support coming. We have 1344 cranes hanging in the playground and are looking to reach 2000 for our second wish!

I wish to sincerely thank Mr Mifsud, Mrs Flanagan and the leadership team for leading the school while I was away. To the staff, for the exceptional work they do each day in providing a safe, caring and engaging learning environment; and to you the OLOW community, for trusting us with your children.

God Bless you,
Mrs. Sue Veling
Principal

ENROLMENTS FOR OLOW 2017

The enrolment period is now open for Kindergarten 2017. Enrolment packages can be collected from the school office or they can be downloaded from our website. <http://www.olowemuplains.catholic.edu.au>

PARENTS AND FRIENDS MEETING

Our next P & F Meeting will be held on
Wednesday 29th June at 7.00pm in the library.



OLOW BUILDING PROJECT UPDATE

The building process is well under way and has gone out to tender. Builders have been visiting the school and looking at the scope of works. We are hoping that the building project will begin in Term 3.

CONGRATULATIONS TO OUR AWARD RECIPIENTS FOR TERM 2 WEEKS 4 & 5



TERM 2 WEEK 4

Layla Pascoe, Tristan Bryant, Cooper Hartstonge, Ellie Moore, Mia Kuster, Noah Pascoe, Harrison Bennett, Kieran Smith, Jude Godfrey, Cohen Borg, Sophie Procter, Cadence Biggar, Tristan Isaia, Jessica Dray



TERM 2 WEEK 5

Charlotte Gabriel, Jewel Bahlmann, Drew Carland, Demi Boormakin, Hunter Grima, Holly Hartstonge, Leilahni Isaia, Luke Durham, Ava Eekman, Sienna Footman, Lachlan Stewart, Brodie English, Jimmy Cremen, Anthony Smith, Chloe Riley, Clarice Sagun, Jessie Whiteley, Alyssa Gardner, Ethan Still

BUILDING CHILD SAFE COMMUNITIES – NEW FORMS FOR ALL VOLUNTEERS AND CONTRACTORS

'Building Child Safe Communities' is a new initiative developed by Catholic Education Diocese of Parramatta that enhances our commitment to ensuring the safety and wellbeing of all students in our care. It is now a requirement that **all volunteers** and contractors **complete an online undertaking form** that confirms expectations in relation to behaviour whilst volunteering or contracting at schools, Catholic Out of Schools Hours Care and Catholic Early Learning Centres. This undertaking form also seeks to determine the suitability of volunteers and contractors by requiring them to declare that they do not have a criminal history involving children.

- **Volunteers** – please click on '[Building Child Safe Communities – Undertaking for Volunteers](#)' or access the form via the Catholic Education Diocese of Parramatta public webpage <http://www.parra.catholic.edu.au>, then click on 'Child Protection Training Forms' (halfway down page on the right hand side).

Then click on '[Volunteer Form](#)' (halfway down page).

You will receive a confirmation email once the form has been submitted. Your details are maintained confidentially in a central database and a copy of your confirmation is emailed to the location where you are volunteering.



RELIGIOUS EDUCATION NEWS

School Feast Day:

On Tuesday May 24 we celebrated the Feast of Mary Help of Christians, our feast day. We began our day by gathering for a liturgy to celebrate Mary, our country and school's patron. The students then spent time with their teachers reflecting on the person of Mary and were invited to make a creative response to answer the question "Who is Mary to Me?"



Kindergarten painted or drew a picture of Mary...



Year 1 spent time discussing words to describe Mary...



Year 2 made a floral tribute to Mary and called on her to look after our friend Max...



Year 3 created a 'Character Grab Bag' using many words to describe the qualities of Mary...



Year 4 deconstructed the Angelus and the Hail Mary and wrote about meaning of the prayers to them...



Year 5 wrote their own version of the Hail Mary and then responded through art...



Year 6 researched and responded to the many names Mary is called...

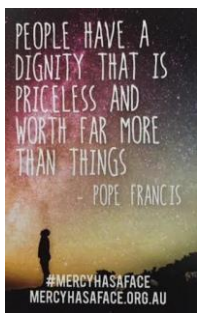
Feast of the Sacred Heart:

The Feast of the Sacred Heart is officially tomorrow, but our school community celebrated the feast day today. Our Mass was beautifully led by Mrs Blazek, Miss Lamaletie and children of Year 2. Thank you all for the reverent way you helped us celebrate the feast that recognises Jesus' special love for us.

Thank you to the many families who have sent in items to support our Penrith Community Kitchen food drive. You are such wonderfully generous people. The fantastic volunteers at Penrith Community Kitchen will be very grateful for donations.



Prayer Cards:



I hope you have had the opportunity to share some of the prayer cards that were sent home. I know that Max and his family received many of them and they are so appreciative. I received one in the mail and it was a beautiful surprise and just what I needed. If you would like more prayer cards, please ask the ladies in the office.

Carole Day

Religious Education Coordinator

LEARNING NEWS



Our Lady of the Way **Dance - A - thon**



On Friday 10 June OLOW will be holding a Dance-a-thon. The Dance-a-thon is our major fundraiser for the year and it promises to be a fun experience for everyone involved. The money raised will go towards building a new covered outdoor learning area (COLA).

The students will participate in a variety of Dancing throughout the morning.

The students will be grouped across the grades. Lots of fantastic prizes will be on offer for grades, families and also individuals.

Each individual will receive a ticket to win for every \$10.00 raised.

***Sponsor cards were sent home on Monday.
Please support our Major Fundraiser for 2016***

**The Students, Staff and P & F at
Our Lady of the Way
thank you for your support.**

SPORTS NEWS

Stage 3 Girls Soccer Gala Day



On May 26 I had the pleasure of taking the Stage 3 Girls Soccer team to a Gala Day at Jamison Park.

The girls showed great skill, sportsmanship and support of each other. They managed to come second in their pool, missing out on winning a medal by just one point. A fantastic effort girls! We are very proud of you.

Special thanks must go to Craig Woods for coaching the girls and to the many parents and grandparents who came to support the girls on the day.

Carole Day

GENERAL NEWS



CIVIC RECEPTION FOR SCHOOL LEADERS

Congratulations to our School Captains who were recently invited to a Civic Reception at Penrith City Council. The event recognises the achievements of young leaders within the Penrith Local Government Area.

APOLOGIES

Apologies to Isabelle Roots, whose name was left off the list of award recipients in the last newsletter. Congratulations on your award Isabelle.



PEDESTRIAN SAFETY IN EMU PLAINS PRIMARY SCHOOL ZONES

Currently there is a petition regarding Pedestrian safety in our school zones. If you would like to sign it, please do so at the office.

This is the wording on the petition: *We, the undersigned, call on Penrith City Council to improve pedestrian safety and traffic flow in Forbes Street, Emu Plains through the school zones for Our Lady of the Way and Emu Plains Public School.*

This should be achieved through:

- *Footpath construction on the south side of Forbes Street between Russell Street and existing path on emerald Street*
- *Safe designated drop off zone (Forbes Street, Troy Street, Emerald Street)*
- *Road markings for car parking spots safe distances from driveways and corners to improve driver and pedestrian visibility on each schools block and in surrounding streets*
- *No Stopping zone on south side of Forbes Street during school hours to allow for adequate traffic flow through the street*
- *Alignment of access ramps at safe locations at intersection of Troy Street and Forbes Street*
- *Adjustment of 'no stopping zones' to keep parked cars further back from intersections*

COMMUNITY NEWS

McCarthy Catholic College
75 Mackellar Street, Emu Plains

Trade Training Centre

INFORMATION EVENING FOR YEAR 11, 2017:

Date: Wednesday 8 June 2016

Time: 6:00pm - 7:30pm

Start your trade and complete your HSC –
with **no** external examinations

Trades offered:

Automotive Bricklaying
Electrical Hairdressing
ChildcareHospitality
Carpentry Metal Fabrication
Plumbing



Enrolment Enquiries:
Mrs Katrina Gill – 02 4728 8129
www.mccarthycttc.catholic.edu.au

A reminder that enrolment applications for St Columba's College Year 7, 2017 are now due. For all enquiries call the Enrolment Secretary, Sandra O'Brien, on 4754 8907.

JOAN SUTHERLAND PERFORMING ART CENTRE

Come down to **The Joan Sutherland Performing Art Centre** and **Penrith Regional Gallery & The Lewers Bequest** this winter for some great fun and stay warm with our winter program filled with shows, exhibitions and workshops.

The Moon's A Balloon 17 & 18 June
The Little Prince 1 & 2 July
Snugglepote & Cuddlepie 5 – 7 July

Penrith Regional Gallery & The Lewers Bequest School Holiday Workshops
Kids 11 – 14 July & Family 15 July

Scan with your
smartphone or
tablet to go to the
OLOW website.



Kids, come along to our Art Making Workshops in the July School Holidays and have fun using a range of art materials to create colourful animal faces, human portraits and even cartoon 'selfies'. Choose from drawing, cartooning, clay relief sculpture and a fruity, fun, family collage.

penrithregionalgallery.org/

The Joan Sutherland Performing Arts Centre School Holiday Workshops

Performing arts school holiday workshops will be announced soon, stay tuned thejoan.com.au/series/school-holiday-workshops/.

Seminar - Dealing With The Legal System

Each year CCSS Solo Parent Services offers an Information night for anyone interested in gaining a greater understanding on how to choose the best lawyer for your situation, how best to deal with Lawyers so as to minimize your legal fees and how to protect your rights regarding family assets. This night is being held on Tuesday 7th June from 7.30pm - 9.30pm at CCSS, 38 Prince St, Blacktown. Guest Speaker: Mr Richard Brading, (Solicitor at Wesley Legal Service)

Cost: \$7. **Registration Essential:** Rita Ph. 8822 2222 soloparentservices@ccss.org.au

STEPPING BEYOND: SUPPORT FOR THOSE SEPARATED OR DIVORCED

CCSS Solo Parent Services "Stepping Beyond" Support Group, is held on the last Tuesday of each month for those struggling through a separation or divorce. **Next Gathering:** 31st May **Venue:** CCSS Centre, 38 Prince St, Blacktown. **Time:** 7.30 – 9.30. **Cost:** \$5.00. **Registration:** Rita Ph. 8822 2222

or email: soloparentservices@ccss.org.au

Your Child's Important Health History All In One Place

Your Child's Important Health History – In The One Place

The Australian Government is giving everyone in the Blue Mountains, Hawkesbury, Lithgow and Penrith area a My Health Record – a secure, online digital health record.

My Health Record allows parents to **keep track of their** children's immunisations, developmental milestones, healthcare provider or hospital visits and other **important medical information**.

By choosing to have a My Health Record for you and your family, you will **record your child's health story as it happens**. You can be sure it's exactly where it needs to be, when it's needed in the future.

Healthcare providers such as doctors, specialists, and hospital staff will be able to access it when they need to, like in the case of an accident or emergency.

The My Health Records will be created in mid-June and from mid-July healthcare professionals will be able to start uploading information into them. People are able to opt-out of having a My Health Record if they wish.

As a parent, you can apply to access and manage your child's My Health Record online. The Child Development section of your child's My Health Record is a place where parents can add information about their child's early health, growth and development. When your child is over the age of 14 years old, they can apply to manage their own record.

To find out more information about My Health Record, visit myhealthrecord.gov.au or call 1800 723 471.



2016 WINTER HOLIDAY CAMPS THE BEST HOLIDAYS HAPPEN AT CAMP

- ✓ New friendships ✓ Fun
- ✓ Great value ✓ Safe

Our popular Winter Kids' and Family Holiday Camps are filling fast. Find out what's on including our popular ski and snowboard camps at Jindabyne.

Led by qualified instructors, you can rest easy knowing your kids are in safe hands. Our Kids' Camps are suitable for kids aged 7 to 16 years* and range from 1 to 7 days.



Residential Kids' Camps include:

- 24 hour supervision
- Instructor led activities
- Accommodation
- Meals
- Supervised transport

*Snow Sports camps are suitable for kids aged 10-16 years.

Family Camps include:

- Instructor led activities
- Meals
- Accommodation
- Lift and lesson tickets and transport to Perisher (for Jindabyne camps only)**

**Kids as young as 6 years can participate in group lessons as part of a Family Camp.



Nepean Community & Neighbourhood Services

Children of Parents with a Mental Illness



SMILES programme - for children 8 to 12 years

This is a 3 day programme running during the school holidays for children of parents with a mental illness. This programme aims to increase the child's ability to cope, reduce feelings of isolation, increase self esteem, and educate the child about mental illness.

3 days, Tuesday, Wednesday, Thursday
5th July to 7th July
10am to 3pm
Impingar Centre, Werrington

Morning Tea, Lunch and Afternoon Tea provided

Transport can be provided.
Please call to enquire.

For more information, please contact Narelle:

P: 02 4721 8520

M: 0409 986 121

E: parenting@nepeancommunity.org.au



Parenting in Penrith



Hands, Hearts & Minds
handsheartsminds.wordpress.com