



MASS TIMES: Saturday Vigil 6.00pm, Sunday 8.00am and 9.30am. All welcome!

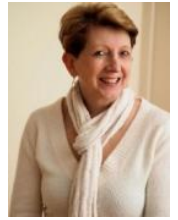
5th March 2015

DIARY DATES

| |
|---|
| Sat/Sun 7/8 March Eucharist – Lesson 2 |
| Tuesday 10 March Year 4 Excursion Australiana Village |
| Tu/Wed/Th 10-12 March OLOW Art Exhibition |
| Wednesday 11 March OPEN MORNING KINDER 2016, 9-10am |
| Thursday 12 March Celebrations of Learning 9.15-10.15am |
| Sat/Sun 14/15 March Eucharist – Lesson 3 |
| Monday 16 March Parenting Course – Being a More Effective Parent 6.30pm |
| Tuesday 17 March OLOW Cross Country |
| Wednesday 18 March Year 2 Excursion Powerhouse Museum |
| Thurs/Fri 19/20 March Year 6 Excursion Canberra |
| Sat/Sun 21/22 March Eucharist – Lesson 4 |
| Tuesday 24 March P & F Meeting, 7.00pm |
| Wednesday 25 March Dance Fever Competition From 4.30pm |
| Friday 27 March Student work samples sent home |
| Sat/Sun 28/29 March Eucharist – Lesson 5 |
| Thursday 2 April Hot Cross Buns Last day of Term 1 |
| Friday 3 April Good Friday |
| Sunday 5 April Easter Sunday |
| Monday 20 April Term 2 Begins |
| Friday 24 April ANZAC Day Ceremony |
| Wednesday 29 April Year 3 Excursion to Homebush Wetlands |

Dear Parent, Carers, Students & Friends,

'Parent involvement' has become a popular phrase in schools, and for good reason. Supporting your child's learning doesn't just feel nice; it also makes a significant difference in a child's performance.



Parent (and family) involvement is critical to student success in schools. We know this intuitively, and research confirms it. Parental involvement is associated with higher academic achievement outcomes and fewer behavioural problems.

Decades of research show that when parents get involved in their children's education, kids do better in and out of school. Parent involvement is tied to better grades, better social skills and improved behaviour. Kids of involved parents are more likely to stay in school and are more likely to continue their education beyond high school.

Michael Levine wrote about the important role that families play in their children's education: *"Research on young children's developing brains and self-regulation as active learners is now aligned with decades of research by experts on school climate and parent engagement. Dr. Daniel Siegel, a pioneering neuro-psychiatrist at UCLA, recently observed: 'studies of longevity, medical and mental health, happiness and even wisdom point to relationships as the most robust predictor of positive attributes in our lives across the lifespan.'*

These insights align with what pioneers such as Dr. James Comer pointed out over two decades ago. The power of school is enhanced or diminished by the types of relationships that are formed at the core of our educational enterprise. Teachers, parents and students must be linked together in a relationship-rich environment that is open, flexible and which relentlessly promotes learning."

Success happens when families, students and teachers work together and holistically approach a child's education, focusing on a child's academic, social, and emotional needs.

So, what does real, meaningful, and collaborative parental involvement look like? Here are some ways you can help become involved in the school.

Parent involvement can include things as varied as quizzing your child on spelling words, volunteering in a classroom, or attending the school carnival. As long as your actions show that you value education, your child is likely to respond.

Simple things such as reading a book together at bedtime really count. Communicating with the teacher about your child's progress and challenges is important. Attending school events shows your child that school is an important part of your family life. Volunteering just a few hours a year can make a difference for the school. If you're ready to do more, contact the school office and they will help you find ways to get involved that fit both your schedule and your interests.

God Bless,

Mrs Sue Veling
Principal



Enrolments are now open for Kindergarten 2016

There are a limited number of vacancies in other grades for 2015.

**Join us for our OPEN MORNING on
Wednesday 11th March 2015 from 9-10am**

Come along, tour the school and visit our learning spaces.
Morning tea will be provided for parents and pre-schoolers.

If you are aware of any families wishing to enrol their children please invite them to come along.

CATHOLIC SCHOOLS WEEK 2015



Come visit the OLOW Art Exhibition

On sale in the hall
Tuesday 10th, Wednesday 11th
& Thursday 12th March

“What will OLOW of
tomorrow look like?”

Be inspired by the creativity! Be amazed at the talent!

\$5 to purchase artworks or a note donation – Money raised will go towards sending an OLOW teacher to World Youth Day 2016

CONGRATULATIONS to OUR AWARD RECIPIENTS for WEEKS 4 & 5

Akeda Chilmaid, Jacob Bennett, Ava Eekman, Katelyn King, Logan Sultana, Clare Roser, Hannah Grieve, Billy Trad, Cooper Hegarty, Scarlett Storr, Carlie Spooner, Ben Garrahy, Milli Storek, Ethan Knott, Joshua Phillips, Alannah Walker.



Layla Pascoe, Carter Jones, Keira Blazek, Abbey Flanagan, Madeline Wade, Espri Footman, Lachlan Armour, William Craig, Natalie Burke, Maya Deacon-Chilmaid, Byron Nas, Archie Prendergast, Henry Starr, Samuel Bray, Olivia Bennett, Ciaran Rudge.



CYBERSAFETY EVENING

Thank you to the 15 parents who came to our special information evening on Cybersafety. It was an excellent session and we all came away knowing a bit more about how we can protect our children while they are on-line.

PARENTING COURSE: BEING A MORE EFFECTIVE PARENT WITH JUDY HATSWELL – REGISTERED PSYCHOLOGIST

16th March 2015 at 6:30pm

Being an effective parent is one of the hardest jobs in the world. There is no instruction manual that provides answers to all the problems that parents face daily. Without a clear understanding of how and why children behave, parents, while trying to do their best, can develop levels of frustration which may lead to them feeling powerless. This workshop aims to develop skills in positive parenting techniques and highlight the importance of adults modelling respectful and co-operative behaviours for children.

Baby sitting available



CATHOLIC SCHOOLS WEEK

This year, Our Lady of the Way will again join Catholic schools across NSW and the ACT to celebrate *Catholic Schools Week* (CSW) from 8-14 March. The theme for CSW 2015 is “*Educating for Today and Tomorrow*”.

The theme ties in with the 50th anniversary of the Declaration on Christian Education, 'Gravissimum Educationis.' The document recognizes the continuing need for the Church to support parents in the education of their children.

Catholic Schools Week is about strengthening relationships between all those who have a stake in our schools – students, staff, families, priests, parishioners, and members of the wider community – by show-casing what happens in our classrooms every day. Parents, extended family members, friends and the wider community are invited to celebrate with our school and parish community **CATHOLIC SCHOOLS WEEK 8-14 March 2015**

TOUR OF SCHOOL

Our school will be celebrating *Catholic Schools Week* with our annual **Tour of the School** on Wednesday 11th March between 9-10am. Staff will be on hand to guide you through our school and answer questions and provide information about enrolling.

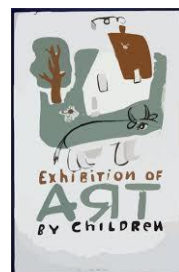
CELEBRATIONS OF LEARNING

On Thursday 12th March the classroom doors will be thrown open for **Celebrations of Learning** between 9:15-10:15am. This will be a time for the children to reflect upon their learning and achievements from the term and share it with their family and friends. All grades will have the open morning at the same time and you can move in and out of learning spaces throughout the session. The **Celebration of Learning** will be an interactive time for you to join in with the learning. Come and be an active participant in a 21st Century classroom!

OLOW ART EXHIBITION

During Catholic Schools Week, all students will display their artistic talents at the **OLOW ART EXHIBITION** to be held in the Parish Hall on Tuesday 10th, Wednesday 11th & Thursday 12th March. The students have based their artwork on the theme “OLOW – of tomorrow”. All art works are on sale for \$5 each (or any ‘note’ donation) will be most appreciated). Our aim is to raise \$1500 to help send a teacher from OLOW to World Youth Day in 2016. The cost to send a participant to World Youth Day is \$6000.

I would like to take this opportunity to thank you for all your support of our school and I look forward to celebrating Catholic Schools Week with you this year.



PILGRIMAGE

Congratulations to Mrs Day who was endorsed and selected through an application process to attend a pilgrimage at the end of this term. Being a part of this pilgrimage group requires learning about faith and formation. Mrs Day will be travelling to Jordan, Israel & Italy from 8-24 April 2015.

WORKING BEE - This Friday 6th March from 2pm.

There are a number of **urgent** jobs that need to be completed around the school. Please keep this time free to help make our school safe and pleasant for our students.

NAPLAN TESTING 2015

National Assessment Program for Literacy and Numeracy (NAPLAN) testing will be conducted from 12 -14 May 2015 for all students in Years 3, 5, 7 and 9 across Australia. These national tests will provide information on how Australian students are performing in the areas of numeracy, reading, writing, spelling, grammar and punctuation and will assist teachers in identifying student strengths and weaknesses. By analysing results along with information from teacher judgements and work samples, teachers can adjust teaching strategies to provide appropriate support. The aggregation of student results from the NAPLAN provides schools with an overview of current achievements for groups of students and contributes to a more comprehensive understanding of their performance. The analysis of aggregated results assists school planning and can be used to monitor literacy and numeracy development over time.

| | Tuesday 12th May | Wednesday 13th May | Thursday 14th May |
|---------------|---|--------------------------------------|-------------------------------------|
| Year 3 | * Language Conventions (40 minutes) * Writing (40 minutes) | * Reading (45 minutes) | * Numeracy (45 minutes) |
| Year 5 | * Language Conventions (40 minutes) * Writing (40 minutes) | * Reading (50 minutes) | * Numeracy (50 minutes) |

For more information visit the website: <http://www.nap.edu.au/>

BABY NEWS

Congratulations to Mrs Rebecca Kakoschke and her husband Brett who are expecting their first child in July. We wish them both all the best with their new role as 'soon to be' parents and hope that the new baby arrives happy and healthy.

STUDENT WORK SAMPLES

A new initiative at OLOW in 2015 is to send home student work samples three times a term (weeks 3, 5, 9) from different Key Learning Areas. This week a Religious Education work sample will come home on Friday for you to review. Please send home your child's book on Monday. If you would like to discuss the work sample and your child's progress, please contact your child's teacher.

QUALITY SCHOOLS SURVEY

As in previous years, all Catholic schools in the Parramatta Diocese will participate in the Quality Catholic Schools Survey in 2015. This survey provides data from staff, parents and students about each school's cultural behaviour, relationships and learning community and assists to focus efforts for improvement by building on successes to date. From 9th March all OLOW staff, 60 randomly-selected parents and all Year 5 & 6 students will be asked to complete the on-line survey. Parents will have the choice of a paper or on-line survey. The survey will take about 20 minutes to complete.

A survey consultant, *Insight SRC*, manages the data collection. All survey data is kept strictly confidential and no individual can be identified by the school or the Catholic Education Office. Each school receives an information report at the end of May and uses the report to inform their future planning.

If you are selected to complete the survey, I would encourage your participation, as this will help our school identify our strengths and areas in which we can focus our improvement. If you have any questions, please contact Mr Mifsud or Mrs Veling.

SOCIAL JUSTICE

At OLOW, we place a strong emphasis on social justice experiences. They are learning experiences, not just fundraising, as this deepens the children's knowledge and understanding of social justice. Some examples of our social justice initiatives include:

- ★ Project Compassion, Diocesan Works Fund, the Winter Food Appeal for the Penrith Community Kitchen, and making up hampers for the Vinnies Christmas Appeal are some of the practical ways our school community displays a sense of social justice and cares for those in greatest need within our local and worldwide community. We also have close ties with the local chapter of the St Vincent de Paul Society and Mama Lana's Community Foundation.
- ★ Each year we have a strong interaction with and support of Caritas Australia which includes inviting guest speakers who help deepen the children's knowledge and understanding of the needy in our world.
- ★ We strongly believe that social justice begins at home as we strive to: Act Justly, Love Tenderly and Walk Humbly with our God. In this way we are conscious of social justice being ever present in the way we do things within our own community in order to model this concept for the children and to engage them in it. A concerted effort is made to reach out and care for families and children within our own school who were in the greatest need of support and compassion.

EXTRA CURRICULA OPPORTUNITIES

Extra Curricula opportunities at Our Lady of the Way, are based on the student's interest, their commitment to train or rehearse as well as their behaviour. Extra Curricula opportunities are 'extra' and therefore are a privileged event. These are privileged events because the students are representing our school, students require self-regulation and trust to be in different environments and with other students, teachers and parents to be safe, responsible ambassadors. Last year, the school received regular feedback about how well-mannered our students are to each other and others.

During the year OLOW students will have many opportunities to participate in extra curricula activities and I wish to thank the staff for their tireless effort placed on each activity. This year we will have representatives in swimming, netball, soccer, gymnastics, touch football, athletics and basketball.

Students at OLOW have the opportunity to be part of the Chess Championships and the Dance Fever Interschool Challenge. Our choir has been invited to take part in the larger **CAPTIVATE** choir. They are already rehearsing and will perform on 16th and 18th June at Nagle College as part of a larger presentation of the performing Arts. Over 500 students across the Diocese are involved in 2015.

CATHOLIC CULTURE

What does having a Catholic Culture mean? Here are some of the ways OLOW is a Catholic School and Parish Community:

- ★ We celebrate together many school masses and liturgies such as our Opening School Mass, Ash Wednesday Mass and Infants Liturgy, Easter Week celebrations, Grandparents Day Mass, End of Year Thanksgiving Mass, OLOW Feast Day Mass for Our Lady Help of Christians, Mothers' and Fathers' Day prayer, ANZAC Day prayer, Year 6 Farewell Mass, The Christmas Story, just to name a few.
- ★ Children from the school participate in the Sunday parish masses twice a term.
- ★ Preparation to receive the sacraments – First Eucharist in May and November; First Reconciliation in June and Confirmation in August.

Parent, grandparents, friends and community members are always welcome to join us celebrate and pray together.

DID YOU KNOW?

According to the most recent figures available (2012), the average net cost of educating a student in a NSW Catholic school was \$11,532 per year. This is less than the cost of educating a student in a government school (\$12,118) or in an independent, non-government school (\$16,654). Catholic schools still rely on Federal and State Governments for more than 75% of our funding needs. This is why funding support from Federal and State Governments must keep pace with rising education costs - to maintain education quality and to ensure a Catholic education remains affordable for all families.

KISS & RIDE AND TRAFFIC PROCEDURES

Safety of our children on the way to and from school is paramount in all our minds. Safe pedestrian, safe driving habits and parent role modelling of safe behaviours will contribute much towards the safety of our children. Please be considerate of our neighbours by not blocking their driveways or parking on their premises.

The local police and rangers patrol Forbes and Troy Streets on a regular basis, therefore you need to be aware of traffic and parking regulations to avoid fines.

- ★ Do not park across driveways.
- ★ Children must always alight from the car from the LEFT hand side.
- ★ If using the Kiss & Ride in the morning the driver must not leave the car.
- ★ Plan to leave home earlier in the morning so your child isn't rushing to get out of the car if running late.
- ★ In the afternoon please hold your child's hand when crossing the road.
- ★ Don't jaywalk - failing to use a zebra crossing that is within 20 metres of your location.
- ★ Please don't park in the staff/parish car park.



GUESS WHO WAS THE BALL BOY?



Hi. My name is Noah Pascoe and I'm in Year 2. I entered a competition and I had to make a video of me doing some NRMA soccer skills. Guess what? I won! Before the game I got to have a tour of the stadium and on the way back I met Tony Popovic (Wanderers Coach) and lots of the players. Then when the game started I carried the match ball onto field and did the coin toss with a coloured FIFA coin. I was on the TV and they said I was 12. (I'm only 8) I was really excited and I will never forget it.



QUESTIONING

Why do children respond with "nothing" when asked what they did at school that day? In an effort to avoid *that* answer, here are some alternative questions you might like to try with your children.

- ★ Can you **teach** me something you learnt today?
- ★ Tell me about your **favourite moment** in the classroom today or on the playground at break time?
- ★ What was an interesting question **you** asked at school today?
- ★ Tell me a good decision you **made** today?
- ★ Did you have any **good/new/different** ideas today?
- ★ How did you **work** with (or share with) someone in class today?
- ★ What did you **read** at school/in class today?
- ★ Can you **explain** the Mathematics Warm Up you did today?



TEACHERS ARE LEARNERS TOO

Last week our whole staff engaged in some quality professional learning about Writing. On Tuesday they attended a 2-hour session with colleagues from St Nicholas Penrith, Corpus Christi Cranebrook and St Finbar's Glenbrook and worked together to deepen their knowledge of the writing process.

RELIGIOUS EDUCATION NEWS

Student Learning in Religious Education:

Year 6

Unit:
Servant Leadership

Scripture focus:
Jesus washes his disciples' feet
Jn 13: 1-14



The washing of the disciples' feet (John 13:1-14) shows great servant leadership. This event occurred on the day of the Passover or now as we know Holy Thursday. Jesus washed the disciples' feet to show that everyone is equal and 'no master is greater than his/ her servant'. This passage has a great message to it. Everyone in this world is very equal and no one is better than his or her servant. So from this passage I am going to be nice to everyone and if someone is alone, help.

Sophie

The washing of the feet showed a deep understanding of servant leadership. The reason why I think this shows servant leadership is because Jesus deliberately sat down to wash the disciples' feet when usually a slave or low servant would. I can show servant leadership for my school by including other people in my games and showing respect to **everyone**.

Amber





Jesus said, "No slaves are greater than their master, and no messengers are greater than the one who sent them." Jesus washed the disciples' feet simply because Jesus wanted his disciples to go and do the same. Jesus set an example to the disciples by doing this for them. By this I can show responsible choices around the community in OLOW. I can help someone in need, make people feel included and never take away someone's self esteem. By this example I can see how to live like Christ.

Nicholas

Year 3

**Unit:
Jesus Shares His Gifts**

**Scripture focus:
Jesus and Zacchaeus
Mt 9: 10-13**

Year 3 have been exploring scriptures which show us how Jesus used His gifts to help others.

Erin and Alexander shared their understanding of how Jesus used His gifts to guide Zacchaeus:

"Zacchaeus felt happy and was not mean anymore. He was kind, careful and more faithful after he had a talk with Jesus." Alexander commented on how "Jesus shared love and forgiveness. His friends were confused then happy."



Josh and Lily commented on the gifts Jesus used in when Jesus calmed the storm: "Jesus used His gifts and talents by helping others. Jesus showed the gift of love because He loved His disciples. Jesus' disciples were amazed and happy to be alive." Lily said, "Jesus shared His gift of faith to show His friends that there is nothing God handle."

Kindergarten

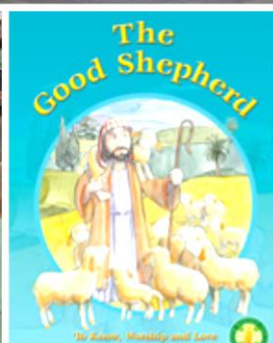
**Unit:
God Loves Me**

**Scripture focus:
The Good Shepherd
Jn 10:3-5; 10-16**



Kindergarten listened to the story of *The Good Shepherd*. When we came together to listen to stories from the Bible we sang *The Circle Song* and join together in a circle.

After the story we closed our eyes and listened to some 'I wonder' questions and pictured the story in our mind. We then completed a pre-test of the story and will be shared with our families as our work sample this week.



Year 5

Unit:
Living the Message of Jesus

Scripture focus:
Building the Body of Christ
Eph. 4:11-13



Year 5 have been exploring the St. Paul's Letter to the Ephesians, which speaks of God giving gifts to people to work for God in different ways. We can choose to use these gifts to be people who teach, who evangelise, who preach.



We explored the gifts that would be given to these different people and expressed those thoughts by creating tableaux.



We can make a choice to use our gifts to build the Body of Christ.

Year 1

Unit:
Jesus Our Friend

Scripture focus:
The Good Shepherd
Jn 10:3-5; 10-16

Year One has been learning about how Jesus is like the Good Shepherd who cares for his sheep. They have also been sharing ways that they can be kind and friendly like Jesus. Year One has been learning about how Jesus is like the Good Shepherd who cares for his sheep. They have also been sharing ways that they can be kind and friendly like Jesus.

ALEX H: Jesus wants us to be like him and care for people. The Good Shepherd looked after the sheep when wolves come. If one sheep goes missing he will go to look for it.

ABIGAIL A: Jesus wants us to be a kind friend. The Good Shepherd is like Jesus. He looks after his sheep and knows everyone by name.

SAMUEL C: Jesus wants us to share our toys with our friends. God took the sheep to a place with green grass and fresh water. Jesus put the sheep in the sheep fold and guards the gate when dangerous animals are around.

AMITY H: Jesus wants us to be kind, friendly, happy, nice and not bossy. The Good Shepherd protects his sheep from danger and he knows all his sheep by name. He calls them and gives them some fresh grass and they know his voice.

LUCIA H: Jesus wants us to be a kind friend by helping others if they are hurt. The Good Shepherd is about when Jesus told people when he wanted to teach them who he was. He said I am the Good Shepherd. We are his sheep and the sheep followed him wherever he went.

EVAN H: Jesus wants us to be friendly and talk nicely. I can be friendly by doing jobs for my Mum and Dad. The Good Shepherd looks after his sheep.

Journey through Lent

Some more thoughts (continuing on from the last newsletter) to consider from Pope Francis...

6. Prayer

"In the face of so many wounds that hurt us and could harden our hearts, we are called to dive into the sea of prayer, which is the sea of God's boundless love, to taste his tenderness. Lent is a time of prayer, of more intense prayer, more prolonged, more assiduous, more able to take on the needs of the brethren; intercessory prayer, to intercede before God for the many situations of poverty and suffering." – Homily, March 5, 2014

7. Fasting

"We must be careful not to practice a formal fast, or one which in truth 'satisfies' us because it makes us feel good about ourselves. Fasting makes sense if it questions our security, and if it also leads to some benefit for others, if it helps us to cultivate the style of the Good Samaritan, who bends down to his brother in need and takes care of him." – Homily, March 5, 2014

8. Almsgiving

"Today gratuitousness is often not part of daily life where everything is bought and sold. Everything is calculated and measured. Almsgiving helps us to experience giving freely, which leads to freedom from the obsession of possessing, from the fear of losing what we have, from the sadness of one who does not wish to share his wealth with others." – Homily, March 5, 2014

9. Help the Poor

*"In the poor and outcast we see Christ's face; by loving and helping the poor, we love and serve Christ. Our efforts are also directed to ending violations of human dignity, discrimination and abuse in the world, for these are so often the cause of destitution. When power, luxury and money become idols, they take priority over the need for a fair distribution of wealth. **Our consciences thus need to be converted to justice, equality, simplicity and sharing.**" – Lenten Message, 2014*

10. Evangelize

"The Lord asks us to be joyous heralds of this message of mercy and hope! It is thrilling to experience the joy of spreading this good news, sharing the treasure entrusted to us, consoling broken hearts and offering hope to our brothers and sisters experiencing darkness." – Lenten Message, 2014

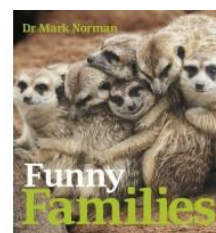
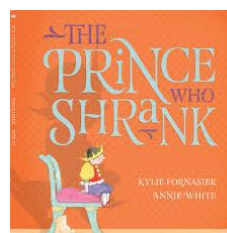
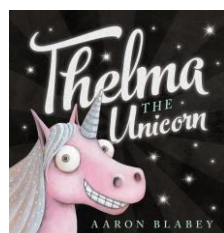
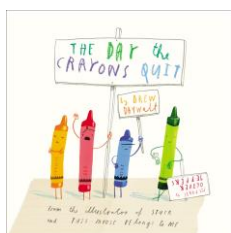
You probably won't be able to take huge steps forward in all of these areas. Instead, pick a couple that stand out to you and try to find practical ways to grow in your love of God and your love of your neighbour.

Carole Day

Religious Education Coordinator

LEARNING NEWS

The children are enjoying visiting the Library. All children **MUST** have a library bag to be able to borrow each week. These are available at the school office for \$7 or a strong plastic bag is acceptable. Pictured below are books we have shared with children across all grades during their visits. Have a chat with your child about these books.



BEING CYBERSMART

Keeping our Children safe online.

Social networking describes a variety of services like Facebook, YouTube, Instagram, World of Warcraft, Moshi Monsters, Twitter, Skype, Snapchat, Minecraft and many others. All of these services enable direct interaction between individuals. Users can post information about themselves, display photos, tell people what they've been up to, chat and play games. Social networking forms a part of the social identity of many teens.

While social networking offers many benefits, there are risks. Sometimes children can forget who they are communicating with online and who might see the information they post. It can be easier for children and teens to say and do things online that they might not do offline. It can also be easier to talk to strangers online than it is offline, and they may confide too much in people they don't know well.

It is important that children understand the risks associated with disclosing information about themselves online and know how to manage both their privacy and online 'friends'.

Is my child old enough for social networking sites like Facebook, Instagram, Youtube, Tumblr, Twitter, Kik etc?

Most high profile social networking sites ask users set up a profile with photos and information about themselves. 13 is the minimum user age required by Facebook, Instagram, Youtube, Tumblr and Twitter. Kik recommends that users are 17 years or older.

If your child is 13+ you should still consider the following:

- **Is your child able to withstand taunts from others?**
- **Does your child understand what is safe to put online?**
- **Does your child know how to report abuse and offensive content?**
- **Are you worried your child will be left out?**
- **Are you going to supervise or 'friend' your child on social sites?**

Keep them safe online.

1. Nothing replaces parental supervision and education for kids about cybersafety.
2. Set a technology curfew.
3. Remind your child to never give out identifying information such as your home address, school name or telephone number in a public message such as chat or newsgroups.
4. If your child posts photos online, use privacy settings to limit access to people they know well.
5. Remind your child that people don't always tell the truth online, and they can't take anything at face value.
6. Reassure your child that they can tell you anything, without fear of losing the laptop or internet access.
7. If they get a message or email that's threatening or rude, they should 'STOP, BLOCK, TELL'.
8. The First step is to tell your child to **stop** responding to the abuse and then **block** those people sending threatening or rude messages if they continue. Let your child know that if they are being bullied, or know someone else who is, they should **tell** a trusted adult.
9. Never click on any links that are contained in emails from people they don't know. As well as sexual content, they could contain a computer virus.
10. If you suspect your child has been contacted by a predator, try to save a copy of the chat log (or whatever form the contact takes) for evidence. Call [Crime Stoppers](tel:1800333000) 24-hour line 1800 333 000 to make a formal complaint.
11. Your child will be using computers and the technology for the rest of their lives – you're in the great position of being able to get them off to a safe, positive start.

- **At OLOW we promote and believe in the need to respect the rights, beliefs and viewpoints of others.**
- **We encourage all members of our community to follow the same standards of behaviour online as you are expected to follow in real life.**

Taken from www.dec.nsw.gov.au & www.cybersmart.gov.au

Please contact me at mmifsud@parra.catholic.edu.au if you have any questions relating to the **OLOWCURRICULUMSPOT**.

Michael Mifsud

SPORTS NEWS

SWIMMING NEWS

On Tuesday February 24th a team of 36 swimmers represented O.L.O.W. at the Nepean zone carnival. There was a wonderful sense of team spirit as the cheer squad encouraged our swimmers from start to finish. We are very proud of the achievements of these students and applaud their sportsmanship. They displayed perseverance, grit and a positive attitude. Most achieved their own personal bests. Congratulations to Olivia in Year 5 who was named as the 11 Year Female runner-up. Well done, Olivia.



From this team ten swimmers were selected to represent O.L.O.W. and the Nepean Zone at the Parramatta Diocesan carnival at Blacktown. Erin, Marshall, Sophie P, Olivia B, Tully, Clare, Lara, Sophie M, Bridie and Jill all swam well with a number of personal bests recorded. It is a significant achievement to reach this level of competition and our swimmers should be very proud of themselves.

Clare finished fourth in the 11 year breaststroke and will now compete in the Mackillop Trials at Homebush on March 20th. Congratulations on your success and we wish you all the best for the next level of competition, Clare.

Thank you to the parents who assisted with ribbon writing and with transport to our recent carnivals. Thanks also to Mrs Veling, Miss Reynolds and Mrs Irvine for your hard work at the zone carnival. A big thank you to the parents and family members who came along to support OLOW on both days.



Mrs McKeon

GENERAL INFORMATION

Catholic Schools Week

Celebrations of Learning

WHEN: *Week 7 – Thursday 12th March 2015*

TIME: *From 9.15am - 10.15am*

WHERE: *All learning spaces*

All grades will have the open morning at the same time and you can move in and out of learning spaces throughout the session.

The celebration of learning will not follow an assembly format with no formal greetings and welcome – it will be an interactive time for you to join in with the learning.

Come and be an active participant in a 21st Century classroom!

Book Club online Credit Card payments.

From 2015, parents who wish to pay for Book Club orders using credit cards will now be invited to use Scholastic's new LOOP system (Linked Online Ordering and Payment).

Advantages include:

Create one order/payment for all your children attending the school, from any or all brochures.

No need to return any paperwork to the school, your books will simply be included with the rest of the school's order which will be submitted by the book club volunteers.

This short video will walk you through the new ordering system. Keep it handy for when you place your first order.

<http://mybookclubs.scholastic.com.au/Parent/contentpageparent.aspx?code=505>

Book Clubs SIGN IN


Checkout (0 items)

HOME

HOME | ORDER | ABOUT | REGISTER | HELP

INTRODUCING
SCHOLASTIC
Book Clubs LOOP
 for Parents

The NEW Scholastic Book Clubs **Linked Online Ordering & Payment** platform for Parents who wish to pay for their child's Book Club order by **CREDIT CARD. CLICK HERE TO ORDER NOW!**

Now available for your iPad or iPhone 

For a quick **how-to order** video, click on **HELP** in the top menu.

- Simply grab your Book Club Catalogue
- For a quick start, just click on **ORDER** above
- OR Register first to save your details for next time (existing Scholastic Store customers can simply log in)
- Select your school and your child's class
- Add your **child's first name & last initial** (so the school knows who the book is for)
- Enter the item number from the Book Club catalogue
- All orders are sent directly to the school for submission to Scholastic. Books will still be delivered to your child's classroom if you order by the close date
- **Afterwards, there's no need to return paper order forms or payment receipt details back to your school!**

Please note that Our Lady of the Way is fortunate enough to have volunteers to continue to run the Book Club, which means we will still accept cash and cheque transactions, as per the current system.

PARENT HELPERS / VOLUNTEERS

For your information, all parent helpers and volunteers at OLOW need to complete an online Child Protection Training module every two years. If you are unsure whether your training is up to date, please contact the office and the office staff will be able to help you.

Examples of volunteer workers in a school include: * Music helpers * Reading helpers * Maths helpers * Computer tutors * Library helpers * Excursion helpers * Classroom "general" helpers * Sports Carnival helpers

When you come to school to help out in any area of the school, or if you are attending an excursion, you are required to sign in and out at the office. This is a mandatory requirement for all schools.

If you would like to do the online Child Protection Training module, please go to:

<http://childprotection.parra.catholic.edu.au>

After successfully completing the module, an email notification will be sent automatically to the volunteer's email address and the school will be notified.

To ensure the safety and welfare of all children at Our Lady of the Way, a record of volunteers who have complied with this requirement is kept at the office. Before any parent helpers are selected for excursions, it is standard practice to check that their names are on our verified Child Protection Volunteers list.

Grandparents who would like to help in any way are also very welcome to comply with this requirement and be added to our list.

Thank you for your generous support, enthusiasm and willingness to get involved and thank you for working together to ensure our children are kept safe at all times.

CONGRATULATIONS

Congratulations to Lewis Edwards (Kinder) and his family on winning a trip to Dubai recently. A great time was had by all.

Scan with your
smartphone or
tablet to go to the
OLOW website.



CANTEEN NEWS

Meal Deal \$ 4.50

DEAL 1



- ▶ **Chicken, Lettuce & Mayo Sandwich**
- ▶ **Juice Pop Top**
- ▶ **Rice Crackers**

DEAL 2



- ▶ **Sausage Roll**
- ▶ **Flavoured Milk**
- ▶ **Icy Morny Ice Block**

Meal Deal valid Monday 9th March until Friday 20th March, 2015

Ride2School Day – March 13 2015

Bicycle safety is important for those students who ride their bike to school. Please talk with your child regularly about their riding:

- Are they choosing good places to cross the road?
- Have they been wearing their helmet?
- Are the bicycle tires pumped up properly?

Please consider riding to school with your child on Ride2School day!

WE NEED YOUR HELP.

We're seeking donations from you, our community to help feed the city.

Artist Sarah Goffman is constructing a city made from donated non-perishable food and household consumables in our Main Gallery.

Deposit boxes are located at the Penrith Regional Gallery, Penrith City Library, The Joan Sutherland Performing Arts Centre and Penrith PCYC.

At the conclusion of the project, the city will be dismantled and the goods donated to those in need through our project partners, Ozharvest and Penrith Community Kitchen.

Prepare to feed your City.



McCARTHY CATHOLIC COLLEGE - Academic and Trade Training Centre (TTC)

Enrolling now for 2016

Open Morning: Sunday 22 March 2015, **Time:** 9.00am to 11.30am

- Meet the Principal, staff and students
- Tours of the College facilities
- TTC information for senior study
- Enrolment packages available

Enquiries: 4735 3211
Email: mccarthy@parra.catholic.edu.au

Address: 75 Mackellar Street, Emu Plains
Website: www.mccarthyemuplains.catholic.edu.au



Caroline Chisholm College, Glenmore Park provides
Catholic Education for girls in Years 7 – 12

Enrolling now for 2016

An **Open Night** on Monday 9th March from 6.00 pm to 8.30 pm includes information sessions, displays, performances and tours.

All considering enrolment in 2016 are invited to attend.
For further information contact the College on 4737 5506.

Faith, Courage, Tolerance

**St. Dominic's College will be holding an Open/Information Day at the College on
Sunday 8th March between 10am – 3.00pm.**

Information Sessions: 10.00am and 1.00pm
Organised Tours commence: 10.30am and 1.30pm
Any enquiries please contact Mrs Tyrrell
On 0247311933 ext 125
info@stdominics.nsw.edu.au

