



MASS TIMES: Saturday Vigil 6.00pm, Sunday 8.00am and 9.30am. All welcome!

19th February 2015

DIARY DATES

Thursday 19 February

Year 5 Parent Info Meeting,
6.00pm

Friday 20 February

P & F Family Night, 5.00pm

Sat 21 / Sun 22 February

Enrolment Mass – Eucharist

Monday 23 February

9.15am Grandparents
Morning Tea in the hall

Tuesday 24 February

Zone Swimming

Friday 27 February

Diocesan Swimming

Saturday 28 February

Eucharist – Lesson 1
5.00pm, Church

Sunday 1 March

Eucharist – Lesson 1
8.30am, Church

Tuesday 3 March

Internet Safety Parent
Workshop, 6.30pm

Friday 6 March

Religious Student Work
Samples Sent Home

Working Bee from 2.00pm

Saturday 7 March

Eucharist – Lesson 2

Sunday 8 March

Eucharist – Lesson 2

Tuesday 10 March

Year 4 Excursion
Australiana Village

Wednesday 11 March

OPEN DAY KINDER 2016
9.00 to 10.00am

Thursday 12 March

Celebrations of Learning
9.15 – 10.15am

Saturday 14 March

Eucharist – Lesson 3

Sunday 15 March

Eucharist – Lesson 3

Monday 16 March

Parenting Course – Being a
More Effective Parent
6.30pm

Tuesday 17 March

Primary Cross Country

Dear Parent, Carers, Students & Friends,

It may not surprise you to hear that I love reading. I was one of those children who always had a book in my bag. I spent hours on weekends, and in the holidays, reading. Both my husband and I read every night before lights out! Reading has become a lifelong habit that I have formed by doing it every day.



This love of reading was definitely handed down to me by my father. He was always at the library borrowing books to read. He had bookshelves at home weighed down with novels and would share a favourite book with everyone.

My children still remember those precious times when my husband and I would read to them. Christmas and birthday gifts always included many books from mum and dad.

These memories recently came back to me when I saw the quote:

“Children are made readers on the laps of their parents”

Emilie Buchwald

If we want our children to form good reading habits for life, we must show them the joys of reading. Reading, and storytelling are special in all languages. Here are a few simple things we can do to help our children learn to love reading:

- Read a story together every day - research shows that children who are read to become more successful in their learning. Make reading time a special time for a hug, a quiet time in a busy day. The washing up will wait!
- Let your children see you reading the newspaper, a magazine, a book—ask them to buy you a book as a gift.
- Visit the school library, or council library with your children. Our librarian Mrs Masters, and the council librarians, are always happy to suggest great books.

There are books out there that every child will like, it might just take time to find the right ones. Please ask teachers for ideas about books for all ages, abilities and interests.

Every parent wants the very best for their child. Reading is one gift that remains for a lifetime - much longer than iPads, Xbox games and DVDs. Together we can make a future filled with reading.

God Bless,

Mrs Sue Veling
Principal



PARISH NEWS

Welcome to the school year from *Our Lady of the Way Parish*. A special welcome to any families new to the school community. Building a sense of a caring community is what sets our school apart. Schools in the Catholic tradition make this a priority. One way for your children and yourself to share this sense would be to connect with the local Parish scene.

- Mass times are Saturday night at 6:00pm and Sundays at 8:00am and 9:30am.
- For those interested, there is the Cottage Playgroup that meets on Tuesday mornings in the Parish Hall. For more information, phone the Parish Office on 4735 1041.

Please keep in your prayers our adults on the RCIA Program who are preparing to become Catholics and our children who are preparing to receive their First Eucharist.

CONGRATULATIONS TO OUR AWARD RECIPIENTS FOR WEEKS 2 & 3

Alex Boyd, Annabelle Ruskin, Blade Funnell, Tiare Raukawa, Abigail Dixon, Flynn Starr, Mikayla Mercieca, Marlie Robertson, Holly Hartstonge, Shanice Matapo, Sienna Footman, Maya Grieve, Kennedy Storr, Tyanna Kubik, Elijah Bradley-Labra, Lucas Woods



Nate Owen, Aiden Callaghan, Jade Elford, Jude Godfrey, Zachary Phillips, Bailey Latham, Boyd Boormakin, Noah Pancyzk, Hayley Burton, Noah Downey, Sophie Jones, Heath Murray, Lucie McIntosh, Daniel Prendergast, Bailey Gregory, Bailey Sultana

KISS AND DROP

Thank you to everyone for helping to make the **Kiss and Drop Zone in Troy Street** work smoothly. We again ask parents and relatives who are dropping children off to:

- Use the designated area on Troy Street;
- Move forward towards the Church driveway until it is your turn;
- Children should stay in the car until you reach the driveway;
- Be patient and wait for the vehicles to move on;
- The driver should stay in the car;
- Children should use the kerb side door when getting out of the car
- Please kiss your children before they get out of the car.
- If a staff member is there, they will open the car door and help your children alight.



A special thank you to James Quinn, father of Kelly Tabor (Jorja Yr 4 & Benjamin Yr 2) who donated the 'Kiss & Drop' sign to the school.

OPENING SCHOOL MASS & MEET AND GREET



Thank you to everyone who helped us celebrate the opening of the school year by attending our mass on Tuesday. It was a lovely liturgy and we thank our celebrant Father Mick. Our new SRC members and Year 6 leaders were recognised and received their badges. This was followed by a meet and greet with yummy pancakes provided by our parents.

FAMILY PICNIC NIGHT – TOMORROW ALL WELCOME

On Friday 20th February the P&F will be hosting a family picnic night from 5pm. There will be a jumping castle and water slide, sausage sizzle and drinks (prepaid) and lolly bags available. Come with your family and bring a picnic hamper. This will be a great community event where you can meet new families, connect or reconnect with old families and just have a great time together.



WORKING BEE

Our first Working Bee for 2015 will be held on **Friday 6 March** from 2pm. There are a number of **urgent** jobs that need to be completed around the school. Please keep this time free to help make our school safe and pleasant for our students.

UPDATE ON MUM - EBONY PENNY

Many, many families have responded to our Facebook posts about Ebony Penny (Holly Kinder). Kiery Pascoe (Noah Yr 2 & Layla Kinder) has kindly offered to coordinate the many offers of help. As you can imagine the family has been inundated with good meaning intentions.

It is now time to commit. Kiery is organising a meal roster. If we get enough helpers you may only need to provide one meal a month. At present we have 6 parents who have volunteered their help. **I'm sure we can get many more to go on the roster.** Kiery has lots of ideas and has organised a drop off system to make it easier for you.



The school is also organising a raffle. The hope is to raise \$1000 to give to the Penny family to help out with cleaning and other in-home services. Kiery has already gathered many donations from companies and community members who want to help. Please keep your eyes open for the raffle tickets. These will be sent home next week.

Please contact Kiery directly, email Julie Irvine at jirvine@parra.catholic.edu.au or leave your name at the office if you wish to help the family. We need to think long term about the assistance we can offer.

2015 SCHOOL FEES

The Term One Statements were posted last week. The first term fees are due 6 March 2015. Many families will receive paperwork with their statements offering a flexible payment plan. This paperwork can be sent to the Catholic Education Diocese of Parramatta (CEDP) with their preferences. If any family wishes to enter into **a different payment arrangement other than that suggested** by the CEDP they will need to contact Mrs Veling to negotiate a formal arrangement.

SWIMMING CARNIVAL

To avoid the rush in the first days of school, we will now have our primary swimming carnival at the end of each year. That means at the end of 2015 we will have another carnival. The date has been booked for 9th December at Glenbrook Pool and all children in Years 3-6 and any student in Year 2 who turns 8 in **2016** will be eligible to participate. On the same day, children in Kinder, Year 1 & 2 will have a water fun day at school.



NEW CONSENT FORMS

Recent privacy legislative changes mean parents now have to give consent for the school to use their child's image in newsletters, school website, school Facebook etc. We also need written permission to send home raffle tickets associated with the school for events such as the Mothers' Day raffle. (As always there is no compulsion for you to buy the tickets).

Both forms will need to be signed annually.

These forms came home yesterday with your children. Every parent will need to agree or disagree with each statement for **each** child. Please return them to school by Wednesday 25th February so the information can be stored for this year. Thank you for your support with these matters.

IMPORTANT DATES FOR YOUR DIARY

We have been very lucky to secure two great workshops for parents this term. The first evening will be about being Cybersmart and the second is providing strategies on how to be a more effective parent. The presenters at both sessions will be spending the day at school and workshopping with both the students and staff, followed by a parents' session.

Internet Safety – Helping your child to stay safe online – A must for all parents!
Tuesday 3rd March at 6:30pm.

To help your children stay safe online, OLOW is hosting a Cybersmart Outreach – Internet Safety Awareness Program in 2015. This program is designed for parents, teachers and students, and is provided by the Australian Communications and Media Authority as part of a national program of cybersmart initiatives.

OLOW is committed to helping our students develop appropriate behaviours when using digital technologies, both at school and home. This program will cover a range of issues including:

- ★ the ways children use the internet and emerging technologies;
- ★ potential risks for children online, such as cyberbullying, identity theft, inappropriate contact and exposure to inappropriate content;
- ★ tips to help children stay safe online.

The presentation is thorough and non-technical.

Parenting Course: Being a More Effective Parent with Judy Hatswell – Registered Psychologist **16th March 2015 at 6:30pm**

Being an effective parent is one of the hardest jobs in the world. There is no instruction manual that provides answers to all the problems that parents face daily. Without a clear understanding of how and why children behave, parents, while trying to do their best, can develop levels of frustration which may lead to them feeling powerless. This workshop aims to develop skills in positive parenting techniques and highlights the importance of adults modelling respectful and co-operative behaviours for children.

FAITH AT THE FIDDLER - Practical Strategies for Family Evangelisation

All parents and friends are invited to the first Faith at the Fiddler for 2015. This will be presented by Kevin and Helen Wagner. The presentation will focus on a number of practical strategies that can be utilised in facilitating a real encounter for parents and youth with the person of Jesus Christ. It is this living encounter that can best draw our families into a lived and vibrant practice of the Catholic Faith.

Date: Thursday 5th March 2015

Time: 5.00 - 7.00pm

Venue: The Mean Fiddler Rouse Hill (Greenway Room)

RELIGIOUS EDUCATION NEWS



This week the season of Lent begins with Ash Wednesday, which also marks the beginning of the annual Caritas Australia Project Compassion appeal. This year's Project Compassion stories focus on the ways in which Caritas Australia is working around the world to empower vulnerable people to establish sustainable food sources and develop income streams for life.

Yesterday each child received a Project Compassion box for their donations throughout Lent. Please encourage your child to put your compassion into action this Lent by supporting **Project Compassion 2015**.

Your donations to Project Compassion allow Caritas Australia, the Catholic Agency for International Aid and Development, to work towards a more just and fair world, where the basic human right for food is met and sustained.

Each newsletter you will be introduced to some of the people that are being supported by Caritas. Your children will in turn be learning about them through their Lenten Religious Education units of work.



Meet Eric and Ma from Fiji. They are the faces of Project Compassion this year. Twenty-five years ago, the couple married, worked hard, but their farm was unprofitable. They had a very limited income and diet, until they took a training course at the Tutu Rural Training Centre (supported by Caritas Australia). Using the skills they learnt there, the couple have built a successful family life, and a thriving farm that provides them with a healthy diet and sustainable source of income.



Meet Mariama who is raising her daughter in Niger, a country that suffers widespread poverty. When her little girl became malnourished, she received life-saving food and care at a Nutrition Centre, supported by Caritas Australia.

If you would like more information to share with your children, you can go to: www.caritas.org.au/projectcompassion

The Season of Lent:

Yesterday Year 3 – 6 attended the Parish Mass to celebrate Ash Wednesday. Fr. Mick invited the children to think about the 40 days of Lent as a journey. He asked them to think about Lent as a time to be better – to think about the **extra** we can do rather than going without. He asked them ‘How will you walk with Jesus from Ashes to Easter’. Kindergarten, Year 1 and Year 2 celebrated an Ash Wednesday liturgy in the Year 1 learning space. The children were invited to reflect on practical ways they could make choices to act with love and compassion, in order to keep their hearts close to Jesus.

And what about yourselves? Have you asked yourselves the question: What should I do for Lent? Well, who better to pick as your Lenten spiritual director than Pope Francis? He has some great ideas for you! Here are 5 to consider. Five more will follow in our next newsletter.

1. Get rid of the lazy addiction to evil

“Lent is a ‘powerful’ season, a turning point that can foster change and conversion in each of us. We all need to improve, to change for the better. Lent helps us and thus we leave behind old habits and the lazy addiction to the evil that deceives and ensnares us.” – *General Audience, March 5, 2014*

2. Do something that hurts

“Lent is a fitting time for self-denial; we would do well to ask ourselves what we can give up in order to help and enrich others by our own poverty. Let us not forget that real poverty hurts: no self-denial is real without this dimension of penance. I distrust a charity that costs nothing and does not hurt.” – *Lenten Message, 2014*

3. Don’t remain indifferent

“Indifference to our neighbour and to God also represents a real temptation for us Christians. Each year during Lent we need to hear once more the voice of the prophets who cry out and trouble our conscience. God is not indifferent to our world; he so loves it that he gave his Son for our salvation.” – *Lenten Message, 2015*



4. Pray: Make our hearts like yours!

“During this Lent, then, brothers and sisters, let us all ask the Lord: ‘Fac cor nostrum secundum cor tuum’: Make our hearts like yours (Litany of the Sacred Heart of Jesus). In this way we will receive a heart which is firm and merciful, attentive and generous, a heart which is not closed, indifferent or prey to the globalization of indifference.” – *Lenten Message, 2015*

5. Take part in the sacraments

“Lent is a favourable time for letting Christ serve us so that we in turn may become more like him. This happens whenever we hear the word of God and receive the sacraments, especially the Eucharist. There we become what we receive: the Body of Christ.” – *Lenten Message, 2015*

Sacramental Program:

Families of children who are preparing for First Eucharist are reminded of the Commitment/Enrolment Mass this weekend, on either February 21 (at 6:00pm) or February 22 (at 9:30am).

A blessing will be offered for the children beginning their sacramental journey at the Monday morning assembly.

Carole Day

Religious Education Coordinator

SPORTS NEWS

SWIMMING NEWS

There was a wonderful sense of team spirit and positive sportsmanship at the Primary swimming carnival on February 4th. The children swam, cheered and competed in novelty events with enthusiasm and were a credit to our school.

Congratulations to the Bede house colour on winning the carnival after a very long drought! Bridie and Nicholas proudly led Bede supported by their colour housemates from Year 6. Well done to Bridie and Nick along with the captains of the three other houses - Tahlia and Madison (Clark), Blair and Georgia (Manning) and Aimee and Jack (Benjamin) on your wonderful leadership.

A big thank you to the very large group of parents and grandparents who assisted on the day. We could not have run the carnival without your support. Special thanks to Mrs. Irvine and the teachers for ensuring that the day ran smoothly.

On Tuesday February 24th, 36 students from OLOW will compete at the Nepean Zone Swimming carnival and Glenbrook. We wish the following students all the best as they represent our school at Glenbrook pool-

Year 3: Rory, Lucie, Sienna, Seb, Tiare, Marshall, Milaya, Erin, Georgia and Seth
Year 4: Sienna, Ben and Sophie
Year 5: Lara, Noah, Clare, Olivia, Tully, Brandon. Matthew S, Lachlan A, Alysha, Jett and Keegan
Year 6: Lara, Sophie, Blair, Nick, Noah, Connor, Bridie, Jill, Joseph, Bailey, Kyle and Jack

Anne-Maree McKeon

LEARNING NEWS

Year One are learning about Workers in their Community. They have had visits from a Police Officer and a Fire Fighter. Here are some responses to the visit from the Police Officer.

EDEN C- I learnt that their important job is to look after us.

HANNAH S- I learnt that they ride on bikes.

ALEX H- I learnt that a Police Officer's siren is so loud and that they have a capsicum spray. They have a computer in their police car.

ERIN B- I learnt that they use a capsicum spray and a gun.

AVA P- I learnt that police officers ride horses so police can go faster. They also ride bikes in the shops. I also learnt that their sirens are so, so, so loud. It was so loud, Year 5 could hear it.

CRUZ V- I learnt that the police siren is very loud.



Developing Writing and Spelling at Home

Writing is a terrific way for children to express their thoughts, creativity, and uniqueness. It is also a fundamental way in which children learn to organise ideas. And learning to write well helps children to be better readers.

When engaging in writing, young children often mirror what they see around them; adults and older children writing lists, notes, text messaging. They are observing the way writing is used in our everyday lives.

Writing at home

Here are some suggestions that engage your child in the writing process:

- Have your child write instructions for taking care of the family pet. These will be useful when you plan your holidays!
- Write a letter or thank you note to a relative. Talk through what your child wants to say before writing begins.
- Make a shopping list before going to the supermarket.
- Create a folder of your favourite recipes. Write the procedure out together.
- Talk about the NSW election and write a description of the kind of premier you want.
- Find a picture in the newspaper and write an article to accompany it.
- Start keeping a personal diary, a household guestbook, or a baby book for a younger sibling.

Does spelling count?

Early attempts at spelling are not the random attempts they sometimes appear. Children's "invented spelling" gives us a window into what they understand about written language. A good teacher will be able to tell the difference between the misspellings that indicate normal literacy development and those that suggest a possible learning disability. If you have questions, talk to your child's teacher.

What should I write about?

Help your child get their thoughts together in an organised way. Especially when a child starts writing, he may need help planning out what he or she wants to say.

Writer's strike

If your child avoids writing, use materials and tools that support both the thinking process and the physical act of writing:

- Use wide lined paper which helps kids line up and space their letters
- Use a whiteboard, which allows them to easily erase and try again
- Use a keyboard, which also allows kids to easily edit

Writing tip: Get organised!

Use post it notes to help organise ideas. Put each idea or important word on a note, and lay the notes out on the table for easy rearranging. This helps with planning and organisation.

Taken from Reading Rockets

Please contact me at mmifsud@parra.catholic.edu.au if you have any questions relating to the ***OLWCURRICULUMSPOT***.

*Take Care
Michael*

GENERAL INFORMATION

REMINDER FOR FAMILIES – COMPLAINTS PROCESS

If, at any time, you find that you have a concern with the school, you are encouraged to come to the school and speak with the Teacher/s, Assistant Principal and/or Principal, to find a resolution for your concern.

It is our aim to work with all members of our school community to ensure that we do the very best we can to provide a productive, safe and enjoyable learning experience for our students and professionally fulfilling experience of our staff.

If you would like to raise a concern formally, the Catholic Education Office has procedures for ensuring that complaints are handled fairly. Information about how to lodge a complaint and a complaint form are available from the school office or in the Complaint Handling Policy and Procedures. These documents can be accessed on the school website:

<http://www.olowemuplains.catholic.edu.au/> or system website: www.parra.catholic.edu.au.

PARENT HELPERS / VOLUNTEERS

For your information, all parent helpers and volunteers at OLOW need to complete an online Child Protection Training module every two years. If you are unsure whether your training is up to date, please contact the office and the office staff will be able to help you.

Examples of volunteer workers in a school include: * Music helpers * Reading helpers * Maths helpers * Computer tutors * Library helpers * Excursion helpers * Classroom “general” helpers * Sports Carnival helpers

When you come to school to help out in any area of the school, or if you are attending an excursion, you are required to sign in and out at the office. This is a mandatory requirement for all schools.

If you would like to do the online Child Protection Training module, please go to:

<http://childprotection.parra.catholic.edu.au>

After successfully completing the module, an email notification will be sent automatically to the volunteer’s email address and the school will be notified.

To ensure the safety and welfare of all children at Our Lady of the Way, a record of volunteers who have complied with this requirement is kept at the office. Before any parent helpers are selected for excursions, it is standard practice to check that their names are on our verified Child Protection Volunteers list.

Grandparents who would like to help in any way are also very welcome to comply with this requirement and be added to our list.

Thank you for your generous support, enthusiasm and willingness to get involved and thank you for working together to ensure our children are kept safe at all times.

CANTEEN NEWS

Meal Deal \$ 4.50

DEAL 1



- ▶ Egg & Lettuce Sandwich
- ▶ Juice Popper
- ▶ Frozen Juice Cup

DEAL 2



- ▶ 8 Chicken Fingers
- ▶ Juice Popper
- ▶ Zooper Dooper

Meal Deal valid Monday 16th February until Friday 6th March.

Did you know that over exposure to UV radiation from the sun in childhood or adolescence increases the risk of developing melanoma later in life? With the UV index soaring over summer, now is an ideal time to make sure students know how to protect themselves and are taking the sun safe message home with them over the summer holiday period.

Whilst a lot of young people rely on sunscreen for UV protection over summer, many are not applying it in a way that achieves maximum effectiveness. Here are some handy tips on sunscreen application.

Did you know that sunscreen has to be applied generously and often to work?

When it comes to sunscreen we need to keep it readily available. Be generous with amounts: as an example, adults need one teaspoon for the face, neck and ears, and a teaspoon for each arm. Sunscreen needs to be applied 20 minutes before going outside so it can bind to the skin, and be reapplied regularly – which also helps cover any little bits that have been missed.

Want to know more?

- Cancer Council NSW www.cancercouncil.com.au/sunsmart or (02) 9334 1761
- Contact Melanoma Institute Australia www.melanomamarch.org.au or 1300 882 353

HAVE YOUR CONTACT DETAILS CHANGED RECENTLY?

If you have recently changed any of your contact details, please fill in the relevant areas of the form below, then sign and date it and return to the school office. Thank you.

CHANGE OF DETAILS FORM	
<i>(Please complete only those details that have changed)</i>	
SURNAME:	CHILD/CHILDREN'S NAME/S:
<u>New</u> Address Details:	
<u>New</u> Home Phone No:	
<u>New</u> Mother's Mobile No:	
<u>New</u> Mother's Work No:	
<u>New</u> Father's Mobile No:	
<u>New</u> Father's Work No:	
New Emergency Contact Details:	
<i>(This is someone that can be called in the event that a parent cannot be contacted)</i>	
<u>New</u> Name:	Relationship to Child:
<u>New</u> Home Phone:	<u>New</u> Work Phone:
<u>New</u> Mobile Phone:	
Date:	Signature:

COMMUNITY NEWS

FREE AUTISM WORKSHOP FOR FAMILIES IN BLACKTOWN

Like all school aged students, children with autism spectrum disorder benefit from strong, positive relationships between home and school. Positive Partnerships uses evidence based materials and practical resources to help support these relationships by facilitating workshops for parents and full time carers in your local community.

Details for the upcoming 2 day workshop:

Dates: March 3rd and 4th 2015

Venue: Blacktown Workers Club

Cost: FREE- including resources, lunch, morning tea and refreshments.

Full details and online registrations at www.positivepartnerships.com.au

This workshop is funded as part of an Australian Government Department of Education initiative to support school age children with ASD across Australia.

BEREAVEMENT SUPPORT PROGRAM

The next Session of CCSS Solo Parent Services Bereavement Support Program for those whose spouse or long term partner has died is on **Tuesday 17th February**, from 10.00am – 12.00pm **Venue:** 51-59 Allawah St, Blacktown. **Topic:** *“Images and Frameworks for Understanding Grief.”* **Registration:** Eileen or Rita Ph. 99330205 or soloparentservices@ccss.org.au Cost \$5.00. See Flyer on Parish Notice Board

YOUNGER WIDOWED SUPPORT GROUP

CCSS Solo Parent Services monthly Bereavement Support Group for men and women widowed at a younger age with or without children will be held on the 3rd Tuesday of each month. Next gathering: **Tuesday 17th February**. Time: 7pm – 9pm **Venue:** CCSS Centre, 51-59 Allawah St Blacktown. Cost: \$5.00. **Registration:** Eileen or Rita Ph. 9933 0205 or Email: soloparentservices@ccss.org.au Flyer on Notice Board

STEPPING BEYOND: SUPPORT FOR THOSE SEPARATED OR DIVORCED

CCSS Solo Parent Services Monthly Support Group, “Stepping Beyond” will be held again on the last Tuesday of the month for those who are separated or divorced. Venue: CCSS centre 51-59 Allawah St, Blacktown. Date: Tuesday 24th February. Time: 7.30 – 9.30. Cost: \$5.00. Registration: Eileen or Rita Ph. 99330205 or soloparentservices@ccss.org.au. See Flyer on Parish Notice Board.

St. Dominic’s College will be holding an Open/Information Day at the College on Sunday 8th March between 10am – 3.00pm.

**Information Sessions: 10.00am and 1.00pm
Organised Tours commence: 10.30am and 1.30pm**

Any enquiries please contact Mrs Tyrrell

On 0247311933 ext 125

info@stdominics.nsw.edu.au



**CAROLINE
CHISHOLM
COLLEGE**

Faith, Courage, Tolerance

Caroline Chisholm College, Glenmore Park provides Catholic Education for girls in Years 7 – 12

Enrolling now for 2016

An **Open Night** on Monday 9th March from 6.00 pm to 8.30 pm includes information sessions, displays, performances and tours.

All considering enrolment in 2016 are invited to attend.

For further information contact the College on 4737 5506.



Give it a try!



Congratulations to TRYathletes from Our lady of the Way Emu Plains!

5 students from Our lady of the Way Emu Plains took part in the Weet-Bix Kids TRYathlon at the Sydney International Regatta Centre, Penrith on the 25th of January 2015.

These TRYathletes from Our lady of the Way Emu Plains are:

- Brace, Milly
- Clifford, Noah
- Clifford, Tyler
- Lohan, Connor
- Pereira, Marshall

Weet-Bix Kids TRYathlon will be returning once again in 2016 and we hope to see you then.

Brett Lee
National Ambassador
Sanitarium Weet-Bix Kids TRYathlon

For more information on the Weet-Bix Kids TRYathlon visit try.weetbix.com.au



The Mother's Day Classic – 10 May 2015 Parramatta Park or The Domain Get ready to celebrate a classic Mother's Day!

Registration opened in December 2014 for Australia's biggest breast cancer research event, the annual Women in Super Mother's Day Classic. Every Mother's Day for the past 17 years, Australians have walked or run to fund research and honour those who have been diagnosed with breast cancer. At the 2014 Mother's Day Classic more than 135,000 participants in 97 events around the nation and on overseas military bases raised \$4.5 million, bringing the overall total raised to \$24.3 million. Register now at: <http://www.mothersdayclassic.com.au/> This year's event is being held on Sunday 10 May 2015, and is open to all ages and fitness levels, so there is something for everyone, whether you want to participate or simply come along and support. More than a quarter of a million people have participated in past Mother's Day Classic events, and you can too this year by registering at www.mothersdayclassic.com.au The Mother's Day Classic was established in 1998 by Women in Super. Women in Super continue to organise the event. Since Women in Super initiated the event in 1998, survival rates for women diagnosed with breast cancer have increased to 85%. ME Bank has proudly supported the Mother's Day Classic as the major sponsor since 2005.



Healthy Children's Network

Find us ...Like us... and Follow us
on facebook

Just scan the code, or go to
www.facebook.com/healthychildrensnetwork

It's your place to share ideas for growing
happy healthy children

Ideal for
Parents ... Grandparents.. Carers
Childcare Staff...Teachers & Educators

or anyone that cares about the health of our kids



2015 State Election

DID YOU KNOW? The Federal Government contributes 57.5% of the cost of educating a child in a NSW Catholic school, and the NSW Government contributes 19.7%. The remaining 22.8% comes from parents and the parish community through school fees and private fundraising. This is why funding support from Federal and State Governments must keep pace with rising education costs - to maintain education quality and to ensure a Catholic education remains affordable for all families.