

MASS TIMES: Saturday Vigil 6.00pm, Sunday 8.00am and 9.30am. All welcome!

2014 - Celebrating 35 years of Catholic Education



Newsletter of Our Lady of the Way Catholic Primary School, Emu Plains

49 Forbes Street, Emu Plains 2750 Phone: 4735 1930, Fax: 4735 6221, Email: <u>OLOW@parra.catholic.edu.au</u>, Web: <u>www.olow.parra.catholic.edu.au</u> "To act justly, To love tenderly and To walk humbly with our God"

PARENT & FRIENDS ASSOCIATION

The first P&F meeting for 2014 will be held next Tuesday, 18 February at 7:30pm. Please come along and get involved! This is a big year for *Our Lady of the Way* with its biennial Fete being held on Sunday 1st June and you know the saying...'many hands make light work.' Many thanks to those parents who have already put themselves forward to serve our community in this special way. The money raised throughout the year by the P&F goes towards investing in Our Lady of the Way school, so your child will ultimately benefit.



CONGRATULATIONS TO THE GOLD TEAM (CLARK)

What a wonderful swimming carnival held at Glenbrook Swimming Pool last Thursday. An idyllic setting with the ducks even wanting a piece of the action. It was a mighty effort by all four teams. The highlights were the fantastic cheer-squad of parents and friends who came to encourage the swimmers; the many parent helpers; the wonderful organisational skills of Mr McKeon, Mrs Irvine and her band of merry staff; the great shade covers donated by our 2013 Year 6; the enthusiasm of our new sports captains – Luke, Madison,

Isaac, Felicity, Antonea, Erin & Alanah (helping out in Tylor's absence), Brock & Laura; and finally the fact that everyone had a go, even those who found swimming a challenge.

That's what life is about – setting a goal that is just that little bit hard to achieve and doing something about reaching it!

SCHOOL CONCERNS -

A reminder to families... If, at any time, you find that you have a concern with the school, you are encouraged to phone or come to the school and speak with the teachers, co-ordinators, assistant principal or principal, to find a resolution. The school's FACEBOOK site is not the place to voice your frustrations or to humiliate staff in any way.

It is our aim to work with all members of our school community to ensure that we do the very best we can to provide a productive, safe and enjoyable learning experience for our students and professionally fulfilling experience for our staff.

If you would like to raise a concern formally, the *Catholic Education Office* has procedures for ensuring that complaints are handled fairly. Information about how to lodge a complaint and a complaint form are available from the school office or in the Complaint Handling Policy and Procedures found on the school website or the system website: <u>http://www.parra.catholic.edu.au</u>

SCHOOL UNIFORM REMINDER

Thanks you to the many parents that have taken great care in ensuring that their children have returned to school in the correct uniform. It is very difficult to conform when the fashions keep changing and children and parents are confronted with many choices. To make life that much easier our school uniform policy has not changed greatly over the years.



Please remember that:

SPORT SHOES are to be predominately white. No coloured laces or coloured sports shoes allowed.

HAIR – A few boys have come to school with unusual haircuts. Over the holidays I'm sure that these hairstyles may have been all the rage but now that school is back, they are unacceptable. Our school policy reads:

"Hair is not to be coloured or tinted. Unusual styles or cuts are not allowed. Hair should be clean and tidy and long hair (shoulder length or longer) must be tied back and in (which helps to prevent the spread of head lice) with hair ribbons of the school colours (green/gold).

Nail polish or any make-up is not allowed.

We ask that children wear as little jewellery as possible. This is for safety reasons and also prevents the problem of expensive or sentimental items being lost. Children may wear a thin silver or gold chain necklace, preferably with a cross or other religious symbol attached though this is optional. Children are not to wear leather necklaces with beads or the like. We ask that girls only wear studs or sleepers in ears, again for safety reasons, and only one earring in each ear."

STRINGS PROGRAM; DRAMA/LITERACY PROGRAM; JAPANESE LESSONS

We are very lucky at *Our Lady of the Way* to have three wonderful programs running through the school that are sponsored by Catholic Education Diocese of Parramatta. All children have the benefit of Japanese lessons each week run by our fabulous teacher Kate Schafer. Drama/Literacy will be in Year 5 in 2014 and we welcome back Lucinda Armour. We also welcome Grace Vassallo and Andrea Young who will work with Elizabeth McGregor in running the Strings Program for violin and cello throughout the year. We are truly blessed at OLOW.



STAFF DEVELOPMENT DAY NOTIFICATION

Monday 17 March will be a pupil free day at OLOW as staff receive professional development on Extending Mathematical Understanding (EMU) strategies. Mrs Kakoschke, Mrs Flanagan and Mrs Veling will be leading this learning. There is no school for students on Staff Development Day's. If you cannot provide adequate supervision for your children on this day, please contact the principal, Mrs Veling.

USE OF EMAILS

Under no circumstances are parents to directly email letters to the staff of OLOW using their professional email address unless authorised. All emails should go through the school email address <u>olow@parra.catholic.edu.au</u> where your correspondence will be passed on to the appropriate person.



SPORTS NEWS

SWIMMING NEWS

On Thursday February 6th the students in Years 3 – 6 participated in the Primary Swimming Carnival at Glenbrook pool. The day started with each colour house processing to their tents then impressing the crowd with their war cries. Whether swimming in competitive events or participating in novelty events, all students displayed sportsmanship throughout the day. Congratulations to the colour house captains on their organisation and leadership:

Bede: Felicity and Isaac Benjamin: Laura and Brock Manning: Antonea and Tylor Clark: Madison and Luke

Of course special congratulations to all the members of Clark who were the overall winning house on the day.

Thank you to the staff and parent helpers who ensured the smooth running of the carnival. Your time was greatly appreciated.

ZONE SWIMMING CARNIVAL

The following students will represent OLOW at the Nepean Zone carnival on February 25th:

Lachlan Aitchison, Isaac Brace, Tully Brown, Isabel Campbell, Keisha Chilmaid, Jett Cleary, Jill Downie, Jake Grosse, Brock Healey, Shae Healey, Bailey Latham, Kenneth Mangan, Billy Pearson, Alyssa Procter, Sophie Procter, Abby Ridding, Charlize Risse, Ben Robinson, Jayden Roots, Clare Roser, Lara Roser, Blake Skinner, Jeremy Skinner, Blair Stewart, Lara Sullivan, Bridie Witjes, Laura Patterson, Jerry Crumpton and Olivia Bennett.



Anne-Maree McKeon

NSW STATE SWIMMING CHAMPIONSHIPS

On the 17th and 18th of January Alyssa Procter and Keisha Deacon-Chilmaid (both in 6S) competed at the NSW State Swimming Championships at Homebush. Both students competed over two days, achieving personal bests in many of their events. Keisha represented her club in 4 x 50m freestyle relay and the team finished in the top 10 in NSW. Keisha and Alyssa are very proud of their results and hope to make Nationals in 2015.

Year 6 2014

GENERAL INFORMATION AND REMIND

PLAYGROUND SUPERVISION

Playground supervision begins at 8.15am. No student is to be dropped off and left unattended at school before 8.15am. If this is a problem, please use the Before and After School service. Contact Brian Cavanagh on 0417 886 548.

THANK YOU!!

The Emu Plains chapter of the St Vincent de Paul Society extends its appreciation to the staff and students of Our Lady of the Way School for their response to the Christmas hampers appeal. Your generosity, along with the parents of the students, helped to make Christmas a little more special for those members of our community who might be struggling.

HELP NEEDED IN THE CLOTHING POOL

Are you able to spare half an hour or so before or after school, on a day of your choosing? If so, we would love your help in our clothing pool. Please see Bernadette Alexander in the school office for further information.

TROY STREET CROSSING

There have been some visible changes to the crossing in that there has been a "piano key" marking installed on the crossing approaches to improve the visibility for approaching vehicles, whilst the existing "zebra stripe" crossing markings have been removed and the surface improved by being ground and re-stencilled. The reason for this is that the facility is set up as a Flagged Children's Crossing intended only for use by school children during the appropriate times, not as a full-time "zebra" crossing. When in operation a Flagged Children's Crossing it has the highest priority of any pedestrian facility under the Australian Road Rules.

CANTEEN NEWS

Crunchy Munchy Café Meal Deal \$ 4.50 Sausage Roll, Flavoured Iced Tea, Zooper Dooper

Available from Monday 10th February



COMMUNITY NEWS

Caroline Chisholm College, Glenmore Park provides Catholic Education for Girls in Years 7-12 Enrolling now for 2015

An **Open Night** on Monday 3rd March from 6.00pm to 8.30pm includes information sessions, displays, performances and tours.

All considering enrolment in 2015 are invited to attend. Students from Our Lady of the Way Primary are guaranteed a place at Caroline Chisholm College.

For further information contact the College on 4737 5506.

BEREAVEMENT SUPPORT FOR THOSE WHO ARE WIDOWED

CCCSS Solo Parent Ministry is commencing two Bereavement Support Programs within the next few weeks. <u>Seasons for Growth</u> is a five week Program that commences on 19th Feb at Glenbrook, between 10.30 and 12.30. The other Program is an 8 Session <u>Bereavement Support</u> <u>Program</u> that runs every fortnight at Blacktown between 10.00 and 12.00 and commences on 4th March For further details and registration for both of these Programs contact Eileen or Rita on 9933 0205 or<u>soloparentministry@cccss.org.au</u>

ROLLERCOASTERS

The next Rollercoasters program for children aged between 6–11yrs of age whose families are experiencing change through separation and divorce begins on Monday 24 Feb 2014 at The All Saints of Africa Centre, 63 Allawah St Blacktown. We meet after school from 4pm till 5.15pm for six Mondays, ending on March 31st^h. Phone 9933-0222 to reserve a place. Cost: \$10 per child per session (includes snack)

 WORLDWIDE MARRIAGE ENCOUNTER WEEKEND – RELATIONSHIP ENRICHMENT FOR MARRIED COUPLES

 21 – 23 March at Mt Carmel Retreat Centre, Varroville, NSW.
 Bookings: 02 4283 3435 or wsharpe@bigpond.net.au

 www.wwme.org.au
 www.facebook.com/WWMEasternUnit

SPORTING REGISTRATIONS

- Penrith RSL Soccer Club is now taking registrations. For further information contact Sue Harwood on 4736 1370 or 0408 301 390, email penrithrslsc64@bigpond.com, or go to www.penrithrslsoccerclub.com.
- Penrith RSL Junior Rugby Union Club are now taking registrations. For further information contact Adam Fletcher on 0421 958 892, email penrithrsljruc@gmail.com or go to www.penrithrsl.com.au/intraclubs/junior-rugby.
- Blue Mountains Junior Rugby Club registration Dates for 2014 at Lapstone Oval, Explorers Road, Lapstone. Friday 14th February 6pm-8pmSaturday 15th February 2pm-4pm. For further information please contact Gary McNicol on 0415 820924, email: BlueTongueRugby@yahoo.com.au, or go to http://www.facebook.com/bluetonguerugby or http://bluemountains.rugbynet.com.au.

Barnardos Australia

Short term foster carers needed for Barnardos Australia.

The Penrith centre are urgently recruiting carers who can provide a safe and loving home to a child on a short term basis.

24 Hour training and support is provided.

Call Amber on 1800663441



OUR LADY OF THE WAY PRIMARY SCHOOL

FRESH FRUIT AVAILABLE

SANDWICHES

AVAILABLE IN WHITE OR MULTIGRAIN BREAD

WRAPS ADD .60 TO SANDWICH PRICE

BREAD AND BUTTER	\$1.00	
VEGEMITE, JAM OR DEVON	\$1.50	
TOMATO OR CHEESE	\$2.00	
TUNA OR EGG	\$2.60	
LEG HAM	\$3.00	
CHICKEN OR RED SALMON	\$3.20	
SALAD SANDWICH	\$3.60	
LETTUCE, TOMATO, CUCUMBER, BEETROOT & CARROT		
SALAD WITH DEVON OR CHEESE	\$3.80	
SALAD WITH TUNA OR HAM	\$4.20	
SALAD WITH CHICKEN OR SALMON	\$4.20	
TURKISH BREAD-2 FILLINGS	\$5.00	
3 FILLINGS	\$5.50	
EXTRAS - ALL EXTRAS .50c EACH		
SALADS		
FRESH FRUIT SALAD CUPS	\$2.00	
LARGE GARDEN SALAD	\$3.80	

LARGE GARDEN SALAD-DEVON OR HAM

CHICKEN CEASAR SALAD

LARGE GARDEN SALAD-SALMON OR CHICKEN

\$4.20

\$5.00

\$5.00

FRESH FRUIT AVAILABLE AT ALL TIMES Red Apple, Banana, Green Apple \$ 1.00

.HOT FOOD AVAILABLE TO ORDER RECESS O	R LUNCH
CHICKEN NUGGETS EA	ACH \$0.60
OVAL HASH BROWN	\$1.00
GARLIC BREAD	\$1.80
CHEESE & BACON ROLL	\$2.00
LARGE SPRING ROLL	\$2.50
CUP OF NOODLES. Chicken. Beef or Oriental	\$2.50
HOT DOG WITH SAUCE	\$2.50
HOT CHEESE ROLL	\$2.50
PIZZA ROUNDER	\$2.60
HOT CHICKEN ROLL	\$3.00
CHICKEN FINGERS X 8	\$3.00
PANCAKES (2) PLAIN OR CHOC CHIP	\$3.00
HOT ROAST BEEF ROLL WITH GRAVY	\$ 4.00
WRAPS	
MINI TOASTED WRAP	\$ 2.50
Chicken Tender, Cheese & BBQ Sauce.	
HOT CHICKEN WRAP	
With Lettuce, Tomato & Mayo	\$ 4.40
HOT SWEET CHIILI CHICKEN WRAP	\$ 4.40
With Lettuce & Tomato & Mayo	
HOT ROAST BEEF WRAP	
With Lettuce, Tomato & BBQ Sauce	\$ 4.50

BURGERS

CHEESE BURGER - BBQ SAUCE	\$3.30
VEGIE BURGER - LETTUCE & MAYO	\$3.30
CHICKEN BURGER - LETTUCE & MAYO	\$3.30
FISH BURGER - LETTUCE & MAYO	\$3.30

BAKERY

INDIVIDUAL TOMATO OR BBQ SAUCE	\$0.30EA
PARTY PIE - 60GM LITE	\$1.00
SAUSAGE ROLL - LITE	\$2.60
TRAVELLER PIE - VARIOUS	\$2.90
BEEF, CHICKEN PARMA OR CHEESE/BA	CON

PASTA'S & RICE

HONEY SOY CHICKEN & RICE	\$3.50
LASAGNE 200GMS	\$3.50
MACARONI & CHEESE 200GMS	\$3.50
NACHOS	\$3.50

